

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2020**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|----------------|----------------|----------------|----------------|-----------------|---------------|
| TOTAL | 173,267 | 18,686 | 109,236 | 13,958 | 31,387 |
| 0-4 | 22,684 | 2,445 | 14,300 | 1,828 | 4,111 |
| 0 | 4,579 | 493 | 2,887 | 369 | 830 |
| 1 | 4,570 | 493 | 2,881 | 368 | 828 |
| 2 | 4,566 | 492 | 2,878 | 368 | 828 |
| 3 | 4,528 | 488 | 2,855 | 365 | 820 |
| 4 | 4,441 | 479 | 2,799 | 358 | 805 |
| 5-9 | 21,147 | 2,281 | 13,331 | 1,704 | 3,831 |
| 5 | 4,364 | 471 | 2,750 | 352 | 791 |
| 6 | 4,298 | 463 | 2,710 | 346 | 779 |
| 7 | 4,230 | 456 | 2,667 | 341 | 766 |
| 8 | 4,161 | 449 | 2,623 | 335 | 754 |
| 9 | 4,094 | 442 | 2,581 | 330 | 741 |
| 10-14 | 19,318 | 2,083 | 12,180 | 1,557 | 3,498 |
| 10 | 3,988 | 430 | 2,514 | 322 | 722 |
| 11 | 3,894 | 420 | 2,455 | 314 | 705 |
| 12 | 3,852 | 415 | 2,429 | 310 | 698 |
| 13 | 3,816 | 412 | 2,406 | 307 | 691 |
| 14 | 3,768 | 406 | 2,376 | 304 | 682 |
| 15-19 | 17,346 | 1,870 | 10,939 | 1,395 | 3,142 |
| 15 | 3,702 | 399 | 2,334 | 298 | 671 |
| 16 | 3,613 | 390 | 2,277 | 291 | 655 |
| 17 | 3,485 | 376 | 2,198 | 280 | 631 |
| 18 | 3,335 | 359 | 2,104 | 268 | 604 |
| 19 | 3,211 | 346 | 2,026 | 258 | 581 |
| 20-24 | 14,870 | 1,604 | 9,374 | 1,198 | 2,694 |
| 25-29 | 12,846 | 1,386 | 8,095 | 1,036 | 2,329 |
| 30-34 | 11,905 | 1,283 | 7,507 | 958 | 2,157 |
| 35-39 | 10,536 | 1,136 | 6,639 | 850 | 1,911 |
| 40-44 | 9,288 | 1,002 | 5,855 | 749 | 1,682 |
| 45-49 | 8,519 | 919 | 5,374 | 685 | 1,541 |
| 50-54 | 7,361 | 794 | 4,640 | 593 | 1,334 |
| 55-59 | 5,979 | 645 | 3,769 | 482 | 1,083 |
| 60-64 | 4,383 | 473 | 2,765 | 351 | 794 |
| 65-69 | 2,902 | 314 | 1,827 | 236 | 525 |
| 70-74 | 1,927 | 206 | 1,218 | 155 | 348 |
| 75-79 | 1,167 | 127 | 736 | 94 | 210 |
| 80-84 | 650 | 71 | 409 | 52 | 118 |
| 85 y más | 439 | 47 | 278 | 35 | 79 |
| Hombres | 88,681 | 9,759 | 56,182 | 7,009 | 15,731 |
| 0-4 | 11,607 | 1,276 | 7,353 | 918 | 2,060 |
| 0 | 2,339 | 257 | 1,482 | 185 | 415 |
| 1 | 2,338 | 257 | 1,481 | 185 | 415 |
| 2 | 2,337 | 257 | 1,480 | 185 | 415 |
| 3 | 2,318 | 255 | 1,469 | 183 | 411 |
| 4 | 2,275 | 250 | 1,441 | 180 | 404 |
| 5-9 | 10,833 | 1,192 | 6,863 | 856 | 1,922 |
| 5 | 2,236 | 246 | 1,416 | 177 | 397 |
| 6 | 2,202 | 242 | 1,395 | 174 | 391 |
| 7 | 2,166 | 238 | 1,373 | 171 | 384 |
| 8 | 2,131 | 235 | 1,350 | 168 | 378 |
| 9 | 2,098 | 231 | 1,329 | 166 | 372 |
| 10-14 | 9,891 | 1,089 | 6,265 | 783 | 1,754 |
| 10 | 2,043 | 225 | 1,294 | 162 | 362 |
| 11 | 1,995 | 220 | 1,263 | 158 | 354 |
| 12 | 1,972 | 217 | 1,249 | 156 | 350 |
| 13 | 1,952 | 215 | 1,237 | 154 | 346 |
| 14 | 1,929 | 212 | 1,222 | 153 | 342 |

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2020**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|-------------------------|---------------|----------------|---------------|-----------------|---------------|
| Hombres: (Continuación) | | | | | |
| 15-19 | 8,897 | 979 | 5,637 | 702 | 1,579 |
| 15 | 1,898 | 209 | 1,202 | 150 | 337 |
| 16 | 1,852 | 204 | 1,173 | 146 | 329 |
| 17 | 1,787 | 197 | 1,132 | 141 | 317 |
| 18 | 1,712 | 188 | 1,085 | 135 | 304 |
| 19 | 1,648 | 181 | 1,045 | 130 | 292 |
| 20-24 | 7,620 | 839 | 4,826 | 603 | 1,352 |
| 25-29 | 6,433 | 708 | 4,075 | 509 | 1,141 |
| 30-34 | 5,943 | 654 | 3,767 | 469 | 1,053 |
| 35-39 | 5,257 | 579 | 3,330 | 415 | 933 |
| 40-44 | 4,739 | 521 | 3,003 | 375 | 840 |
| 45-49 | 4,381 | 482 | 2,777 | 346 | 776 |
| 50-54 | 3,823 | 421 | 2,422 | 302 | 678 |
| 55-59 | 3,172 | 350 | 2,008 | 251 | 563 |
| 60-64 | 2,286 | 251 | 1,449 | 180 | 406 |
| 65-69 | 1,517 | 168 | 959 | 121 | 269 |
| 70-74 | 1,058 | 115 | 672 | 83 | 188 |
| 75-79 | 646 | 71 | 410 | 51 | 114 |
| 80-84 | 357 | 40 | 225 | 28 | 64 |
| 85 y más | 221 | 24 | 141 | 17 | 39 |
| Mujeres | 84,586 | 8,927 | 53,054 | 6,949 | 15,656 |
| 0-4 | 11,077 | 1,169 | 6,947 | 910 | 2,051 |
| 0 | 2,240 | 236 | 1,405 | 184 | 415 |
| 1 | 2,232 | 236 | 1,400 | 183 | 413 |
| 2 | 2,229 | 235 | 1,398 | 183 | 413 |
| 3 | 2,210 | 233 | 1,386 | 182 | 409 |
| 4 | 2,166 | 229 | 1,358 | 178 | 401 |
| 5-9 | 10,314 | 1,089 | 6,468 | 848 | 1,909 |
| 5 | 2,128 | 225 | 1,334 | 175 | 394 |
| 6 | 2,096 | 221 | 1,315 | 172 | 388 |
| 7 | 2,064 | 218 | 1,294 | 170 | 382 |
| 8 | 2,030 | 214 | 1,273 | 167 | 376 |
| 9 | 1,996 | 211 | 1,252 | 164 | 369 |
| 10-14 | 9,427 | 994 | 5,915 | 774 | 1,744 |
| 10 | 1,945 | 205 | 1,220 | 160 | 360 |
| 11 | 1,899 | 200 | 1,192 | 156 | 351 |
| 12 | 1,880 | 198 | 1,180 | 154 | 348 |
| 13 | 1,864 | 197 | 1,169 | 153 | 345 |
| 14 | 1,839 | 194 | 1,154 | 151 | 340 |
| 15-19 | 8,449 | 891 | 5,302 | 693 | 1,563 |
| 15 | 1,804 | 190 | 1,132 | 148 | 334 |
| 16 | 1,761 | 186 | 1,104 | 145 | 326 |
| 17 | 1,698 | 179 | 1,066 | 139 | 314 |
| 18 | 1,623 | 171 | 1,019 | 133 | 300 |
| 19 | 1,563 | 165 | 981 | 128 | 289 |
| 20-24 | 7,250 | 765 | 4,548 | 595 | 1,342 |
| 25-29 | 6,413 | 678 | 4,020 | 527 | 1,188 |
| 30-34 | 5,962 | 629 | 3,740 | 489 | 1,104 |
| 35-39 | 5,279 | 557 | 3,309 | 435 | 978 |
| 40-44 | 4,549 | 481 | 2,852 | 374 | 842 |
| 45-49 | 4,138 | 437 | 2,597 | 339 | 765 |
| 50-54 | 3,538 | 373 | 2,218 | 291 | 656 |
| 55-59 | 2,807 | 295 | 1,761 | 231 | 520 |
| 60-64 | 2,097 | 222 | 1,316 | 171 | 388 |
| 65-69 | 1,385 | 146 | 868 | 115 | 256 |
| 70-74 | 869 | 91 | 546 | 72 | 160 |
| 75-79 | 521 | 56 | 326 | 43 | 96 |
| 80-84 | 293 | 31 | 184 | 24 | 54 |
| 85 y más | 218 | 23 | 137 | 18 | 40 |

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2021**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|----------------|----------------|----------------|----------------|-----------------|---------------|
| TOTAL | 176,598 | 19,092 | 111,646 | 14,080 | 31,780 |
| 0-4 | 22,727 | 2,457 | 14,368 | 1,811 | 4,091 |
| 0 | 4,545 | 492 | 2,873 | 362 | 818 |
| 1 | 4,554 | 493 | 2,878 | 363 | 820 |
| 2 | 4,554 | 492 | 2,880 | 363 | 819 |
| 3 | 4,555 | 492 | 2,880 | 363 | 820 |
| 4 | 4,519 | 488 | 2,857 | 360 | 814 |
| 5-9 | 21,457 | 2,322 | 13,562 | 1,711 | 3,862 |
| 5 | 4,432 | 480 | 2,801 | 354 | 797 |
| 6 | 4,357 | 472 | 2,753 | 348 | 784 |
| 7 | 4,291 | 464 | 2,712 | 342 | 773 |
| 8 | 4,222 | 457 | 2,669 | 336 | 760 |
| 9 | 4,155 | 449 | 2,627 | 331 | 748 |
| 10-14 | 19,569 | 2,116 | 12,372 | 1,560 | 3,521 |
| 10 | 4,084 | 442 | 2,581 | 326 | 735 |
| 11 | 3,975 | 430 | 2,513 | 317 | 715 |
| 12 | 3,879 | 419 | 2,453 | 309 | 698 |
| 13 | 3,835 | 415 | 2,425 | 305 | 690 |
| 14 | 3,796 | 410 | 2,400 | 303 | 683 |
| 15-19 | 17,790 | 1,923 | 11,247 | 1,419 | 3,201 |
| 15 | 3,748 | 405 | 2,370 | 299 | 674 |
| 16 | 3,679 | 398 | 2,325 | 294 | 662 |
| 17 | 3,589 | 388 | 2,269 | 286 | 646 |
| 18 | 3,462 | 374 | 2,189 | 276 | 623 |
| 19 | 3,312 | 358 | 2,094 | 264 | 596 |
| 20-24 | 15,198 | 1,643 | 9,610 | 1,211 | 2,734 |
| 25-29 | 13,086 | 1,414 | 8,273 | 1,043 | 2,356 |
| 30-34 | 12,011 | 1,297 | 7,593 | 957 | 2,164 |
| 35-39 | 10,799 | 1,167 | 6,825 | 862 | 1,945 |
| 40-44 | 9,431 | 1,020 | 5,958 | 753 | 1,700 |
| 45-49 | 8,645 | 936 | 5,466 | 689 | 1,554 |
| 50-54 | 7,585 | 821 | 4,795 | 605 | 1,364 |
| 55-59 | 6,212 | 671 | 3,931 | 494 | 1,116 |
| 60-64 | 4,642 | 502 | 2,935 | 371 | 834 |
| 65-69 | 3,083 | 332 | 1,952 | 246 | 553 |
| 70-74 | 2,015 | 218 | 1,274 | 160 | 363 |
| 75-79 | 1,214 | 131 | 768 | 97 | 218 |
| 80-84 | 681 | 73 | 431 | 54 | 123 |
| 85 y más | 453 | 49 | 286 | 37 | 81 |
| Hombres | 90,256 | 9,957 | 57,355 | 7,052 | 15,892 |
| 0-4 | 11,624 | 1,282 | 7,387 | 908 | 2,047 |
| 0 | 2,319 | 256 | 1,474 | 181 | 408 |
| 1 | 2,326 | 257 | 1,477 | 182 | 410 |
| 2 | 2,331 | 257 | 1,482 | 182 | 410 |
| 3 | 2,333 | 257 | 1,483 | 182 | 411 |
| 4 | 2,315 | 255 | 1,471 | 181 | 408 |
| 5-9 | 11,002 | 1,215 | 6,989 | 860 | 1,938 |
| 5 | 2,272 | 251 | 1,443 | 178 | 400 |
| 6 | 2,235 | 247 | 1,419 | 175 | 394 |
| 7 | 2,201 | 243 | 1,398 | 172 | 388 |
| 8 | 2,164 | 239 | 1,375 | 169 | 381 |
| 9 | 2,130 | 235 | 1,354 | 166 | 375 |
| 10-14 | 10,026 | 1,106 | 6,371 | 783 | 1,766 |
| 10 | 2,093 | 231 | 1,329 | 164 | 369 |
| 11 | 2,038 | 225 | 1,295 | 159 | 359 |
| 12 | 1,988 | 219 | 1,264 | 155 | 350 |
| 13 | 1,964 | 217 | 1,248 | 153 | 346 |
| 14 | 1,943 | 214 | 1,235 | 152 | 342 |

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2021**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|--------------------------------|---------------|----------------|---------------|-----------------|---------------|
| Hombres: (Continuación) | | | | | |
| 15-19 | 9,127 | 1,007 | 5,799 | 714 | 1,607 |
| 15 | 1,921 | 212 | 1,221 | 150 | 338 |
| 16 | 1,888 | 208 | 1,200 | 148 | 332 |
| 17 | 1,841 | 203 | 1,170 | 144 | 324 |
| 18 | 1,776 | 196 | 1,128 | 139 | 313 |
| 19 | 1,701 | 188 | 1,080 | 133 | 300 |
| 20-24 | 7,798 | 860 | 4,956 | 609 | 1,373 |
| 25-29 | 6,561 | 723 | 4,171 | 512 | 1,155 |
| 30-34 | 5,979 | 659 | 3,801 | 466 | 1,053 |
| 35-39 | 5,367 | 592 | 3,410 | 419 | 946 |
| 40-44 | 4,776 | 527 | 3,033 | 374 | 842 |
| 45-49 | 4,441 | 491 | 2,822 | 347 | 781 |
| 50-54 | 3,908 | 432 | 2,483 | 305 | 688 |
| 55-59 | 3,280 | 361 | 2,086 | 256 | 577 |
| 60-64 | 2,422 | 267 | 1,539 | 190 | 426 |
| 65-69 | 1,595 | 176 | 1,014 | 125 | 280 |
| 70-74 | 1,090 | 120 | 693 | 85 | 192 |
| 75-79 | 668 | 74 | 425 | 52 | 117 |
| 80-84 | 368 | 40 | 234 | 29 | 65 |
| 85 y más | 224 | 25 | 142 | 18 | 39 |
| Mujeres | 86,342 | 9,135 | 54,291 | 7,028 | 15,888 |
| 0-4 | 11,103 | 1,175 | 6,981 | 903 | 2,044 |
| 0 | 2,226 | 236 | 1,399 | 181 | 410 |
| 1 | 2,228 | 236 | 1,401 | 181 | 410 |
| 2 | 2,223 | 235 | 1,398 | 181 | 409 |
| 3 | 2,222 | 235 | 1,397 | 181 | 409 |
| 4 | 2,204 | 233 | 1,386 | 179 | 406 |
| 5-9 | 10,455 | 1,107 | 6,573 | 851 | 1,924 |
| 5 | 2,160 | 229 | 1,358 | 176 | 397 |
| 6 | 2,122 | 225 | 1,334 | 173 | 390 |
| 7 | 2,090 | 221 | 1,314 | 170 | 385 |
| 8 | 2,058 | 218 | 1,294 | 167 | 379 |
| 9 | 2,025 | 214 | 1,273 | 165 | 373 |
| 10-14 | 9,543 | 1,010 | 6,001 | 777 | 1,755 |
| 10 | 1,991 | 211 | 1,252 | 162 | 366 |
| 11 | 1,937 | 205 | 1,218 | 158 | 356 |
| 12 | 1,891 | 200 | 1,189 | 154 | 348 |
| 13 | 1,871 | 198 | 1,177 | 152 | 344 |
| 14 | 1,853 | 196 | 1,165 | 151 | 341 |
| 15-19 | 8,663 | 916 | 5,448 | 705 | 1,594 |
| 15 | 1,827 | 193 | 1,149 | 149 | 336 |
| 16 | 1,791 | 190 | 1,125 | 146 | 330 |
| 17 | 1,748 | 185 | 1,099 | 142 | 322 |
| 18 | 1,686 | 178 | 1,061 | 137 | 310 |
| 19 | 1,611 | 170 | 1,014 | 131 | 296 |
| 20-24 | 7,400 | 783 | 4,654 | 602 | 1,361 |
| 25-29 | 6,525 | 691 | 4,102 | 531 | 1,201 |
| 30-34 | 6,032 | 638 | 3,792 | 491 | 1,111 |
| 35-39 | 5,432 | 575 | 3,415 | 443 | 999 |
| 40-44 | 4,655 | 493 | 2,925 | 379 | 858 |
| 45-49 | 4,204 | 445 | 2,644 | 342 | 773 |
| 50-54 | 3,677 | 389 | 2,312 | 300 | 676 |
| 55-59 | 2,932 | 310 | 1,845 | 238 | 539 |
| 60-64 | 2,220 | 235 | 1,396 | 181 | 408 |
| 65-69 | 1,488 | 156 | 938 | 121 | 273 |
| 70-74 | 925 | 98 | 581 | 75 | 171 |
| 75-79 | 546 | 57 | 343 | 45 | 101 |
| 80-84 | 313 | 33 | 197 | 25 | 58 |
| 85 y más | 229 | 24 | 144 | 19 | 42 |

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2022**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|----------------|----------------|----------------|----------------|-----------------|---------------|
| TOTAL | 179,973 | 19,506 | 114,102 | 14,196 | 32,169 |
| 0-4 | 22,687 | 2,459 | 14,382 | 1,790 | 4,056 |
| 0 | 4,545 | 493 | 2,881 | 358 | 813 |
| 1 | 4,519 | 490 | 2,865 | 356 | 808 |
| 2 | 4,535 | 491 | 2,875 | 358 | 811 |
| 3 | 4,541 | 492 | 2,878 | 359 | 812 |
| 4 | 4,547 | 493 | 2,883 | 359 | 812 |
| 5-9 | 21,786 | 2,362 | 13,814 | 1,718 | 3,892 |
| 5 | 4,512 | 489 | 2,861 | 356 | 806 |
| 6 | 4,426 | 480 | 2,806 | 349 | 791 |
| 7 | 4,351 | 472 | 2,759 | 343 | 777 |
| 8 | 4,283 | 464 | 2,716 | 338 | 765 |
| 9 | 4,214 | 457 | 2,672 | 332 | 753 |
| 10-14 | 19,847 | 2,150 | 12,583 | 1,566 | 3,548 |
| 10 | 4,144 | 449 | 2,628 | 327 | 740 |
| 11 | 4,070 | 441 | 2,580 | 321 | 728 |
| 12 | 3,959 | 429 | 2,510 | 312 | 708 |
| 13 | 3,860 | 418 | 2,447 | 305 | 690 |
| 14 | 3,814 | 413 | 2,418 | 301 | 682 |
| 15-19 | 18,154 | 1,967 | 11,512 | 1,430 | 3,245 |
| 15 | 3,774 | 409 | 2,393 | 297 | 675 |
| 16 | 3,723 | 403 | 2,361 | 293 | 666 |
| 17 | 3,654 | 396 | 2,317 | 288 | 653 |
| 18 | 3,565 | 386 | 2,261 | 281 | 637 |
| 19 | 3,438 | 373 | 2,180 | 271 | 614 |
| 20-24 | 15,545 | 1,686 | 9,855 | 1,225 | 2,779 |
| 25-29 | 13,397 | 1,451 | 8,493 | 1,057 | 2,396 |
| 30-34 | 12,112 | 1,312 | 7,675 | 958 | 2,167 |
| 35-39 | 11,060 | 1,199 | 7,009 | 873 | 1,979 |
| 40-44 | 9,599 | 1,039 | 6,087 | 758 | 1,715 |
| 45-49 | 8,769 | 951 | 5,559 | 692 | 1,567 |
| 50-54 | 7,805 | 846 | 4,950 | 616 | 1,393 |
| 55-59 | 6,446 | 699 | 4,086 | 508 | 1,153 |
| 60-64 | 4,901 | 532 | 3,106 | 387 | 876 |
| 65-69 | 3,293 | 357 | 2,089 | 259 | 588 |
| 70-74 | 2,114 | 230 | 1,341 | 166 | 377 |
| 75-79 | 1,276 | 138 | 812 | 99 | 227 |
| 80-84 | 709 | 77 | 450 | 56 | 126 |
| 85 y más | 473 | 51 | 299 | 38 | 85 |
| Hombres | 91,867 | 10,162 | 58,561 | 7,092 | 16,052 |
| 0-4 | 11,601 | 1,283 | 7,394 | 896 | 2,028 |
| 0 | 2,321 | 257 | 1,479 | 179 | 406 |
| 1 | 2,306 | 255 | 1,470 | 178 | 403 |
| 2 | 2,317 | 256 | 1,477 | 179 | 405 |
| 3 | 2,326 | 257 | 1,482 | 180 | 407 |
| 4 | 2,331 | 258 | 1,486 | 180 | 407 |
| 5-9 | 11,179 | 1,236 | 7,127 | 863 | 1,953 |
| 5 | 2,313 | 256 | 1,474 | 179 | 404 |
| 6 | 2,271 | 251 | 1,448 | 175 | 397 |
| 7 | 2,234 | 247 | 1,425 | 172 | 390 |
| 8 | 2,199 | 243 | 1,402 | 170 | 384 |
| 9 | 2,162 | 239 | 1,378 | 167 | 378 |
| 10-14 | 10,178 | 1,126 | 6,487 | 786 | 1,779 |
| 10 | 2,125 | 235 | 1,355 | 164 | 371 |
| 11 | 2,087 | 231 | 1,330 | 161 | 365 |
| 12 | 2,031 | 225 | 1,294 | 157 | 355 |
| 13 | 1,980 | 219 | 1,262 | 153 | 346 |
| 14 | 1,955 | 216 | 1,246 | 151 | 342 |

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2022**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|--------------------------------|---------------|----------------|---------------|-----------------|---------------|
| Hombres: (Continuación) | | | | | |
| 15-19 | 9,315 | 1,030 | 5,939 | 718 | 1,628 |
| 15 | 1,934 | 214 | 1,233 | 149 | 338 |
| 16 | 1,910 | 211 | 1,218 | 147 | 334 |
| 17 | 1,877 | 208 | 1,196 | 145 | 328 |
| 18 | 1,830 | 202 | 1,167 | 141 | 320 |
| 19 | 1,764 | 195 | 1,125 | 136 | 308 |
| 20-24 | 7,982 | 884 | 5,087 | 616 | 1,395 |
| 25-29 | 6,734 | 744 | 4,294 | 519 | 1,177 |
| 30-34 | 6,018 | 666 | 3,834 | 466 | 1,052 |
| 35-39 | 5,482 | 607 | 3,494 | 423 | 958 |
| 40-44 | 4,822 | 533 | 3,075 | 372 | 842 |
| 45-49 | 4,498 | 498 | 2,867 | 347 | 786 |
| 50-54 | 3,999 | 443 | 2,549 | 309 | 698 |
| 55-59 | 3,382 | 374 | 2,155 | 261 | 592 |
| 60-64 | 2,559 | 283 | 1,631 | 198 | 447 |
| 65-69 | 1,693 | 187 | 1,080 | 131 | 295 |
| 70-74 | 1,124 | 125 | 716 | 87 | 196 |
| 75-79 | 696 | 76 | 446 | 53 | 121 |
| 80-84 | 377 | 42 | 241 | 29 | 65 |
| 85 y más | 228 | 25 | 145 | 18 | 40 |
| Mujeres | 88,106 | 9,344 | 55,541 | 7,104 | 16,117 |
| 0-4 | 11,086 | 1,176 | 6,988 | 894 | 2,028 |
| 0 | 2,224 | 236 | 1,402 | 179 | 407 |
| 1 | 2,213 | 235 | 1,395 | 178 | 405 |
| 2 | 2,218 | 235 | 1,398 | 179 | 406 |
| 3 | 2,215 | 235 | 1,396 | 179 | 405 |
| 4 | 2,216 | 235 | 1,397 | 179 | 405 |
| 5-9 | 10,607 | 1,126 | 6,687 | 855 | 1,939 |
| 5 | 2,199 | 233 | 1,387 | 177 | 402 |
| 6 | 2,155 | 229 | 1,358 | 174 | 394 |
| 7 | 2,117 | 225 | 1,334 | 171 | 387 |
| 8 | 2,084 | 221 | 1,314 | 168 | 381 |
| 9 | 2,052 | 218 | 1,294 | 165 | 375 |
| 10-14 | 9,669 | 1,024 | 6,096 | 780 | 1,769 |
| 10 | 2,019 | 214 | 1,273 | 163 | 369 |
| 11 | 1,983 | 210 | 1,250 | 160 | 363 |
| 12 | 1,928 | 204 | 1,216 | 155 | 353 |
| 13 | 1,880 | 199 | 1,185 | 152 | 344 |
| 14 | 1,859 | 197 | 1,172 | 150 | 340 |
| 15-19 | 8,839 | 937 | 5,573 | 712 | 1,617 |
| 15 | 1,840 | 195 | 1,160 | 148 | 337 |
| 16 | 1,813 | 192 | 1,143 | 146 | 332 |
| 17 | 1,777 | 188 | 1,121 | 143 | 325 |
| 18 | 1,735 | 184 | 1,094 | 140 | 317 |
| 19 | 1,674 | 178 | 1,055 | 135 | 306 |
| 20-24 | 7,563 | 802 | 4,768 | 609 | 1,384 |
| 25-29 | 6,663 | 707 | 4,199 | 538 | 1,219 |
| 30-34 | 6,094 | 646 | 3,841 | 492 | 1,115 |
| 35-39 | 5,578 | 592 | 3,515 | 450 | 1,021 |
| 40-44 | 4,777 | 506 | 3,012 | 386 | 873 |
| 45-49 | 4,271 | 453 | 2,692 | 345 | 781 |
| 50-54 | 3,806 | 403 | 2,401 | 307 | 695 |
| 55-59 | 3,064 | 325 | 1,931 | 247 | 561 |
| 60-64 | 2,342 | 249 | 1,475 | 189 | 429 |
| 65-69 | 1,600 | 170 | 1,009 | 128 | 293 |
| 70-74 | 990 | 105 | 625 | 79 | 181 |
| 75-79 | 580 | 62 | 366 | 46 | 106 |
| 80-84 | 332 | 35 | 209 | 27 | 61 |
| 85 y más | 245 | 26 | 154 | 20 | 45 |

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2023**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|----------------|----------------|----------------|----------------|-----------------|---------------|
| TOTAL | 183,429 | 19,919 | 116,619 | 14,321 | 32,570 |
| 0-4 | 22,594 | 2,455 | 14,365 | 1,762 | 4,012 |
| 0 | 4,516 | 491 | 2,871 | 352 | 802 |
| 1 | 4,520 | 491 | 2,874 | 352 | 803 |
| 2 | 4,502 | 489 | 2,862 | 352 | 799 |
| 3 | 4,523 | 491 | 2,876 | 353 | 803 |
| 4 | 4,533 | 493 | 2,882 | 353 | 805 |
| 5-9 | 22,084 | 2,398 | 14,040 | 1,725 | 3,921 |
| 5 | 4,540 | 493 | 2,886 | 355 | 806 |
| 6 | 4,506 | 489 | 2,865 | 352 | 800 |
| 7 | 4,420 | 481 | 2,809 | 345 | 785 |
| 8 | 4,343 | 471 | 2,762 | 339 | 771 |
| 9 | 4,275 | 464 | 2,718 | 334 | 759 |
| 10-14 | 20,167 | 2,191 | 12,820 | 1,575 | 3,581 |
| 10 | 4,204 | 457 | 2,673 | 328 | 746 |
| 11 | 4,130 | 449 | 2,624 | 323 | 734 |
| 12 | 4,054 | 440 | 2,577 | 317 | 720 |
| 13 | 3,940 | 428 | 2,506 | 307 | 699 |
| 14 | 3,839 | 417 | 2,440 | 300 | 682 |
| 15-19 | 18,407 | 1,999 | 11,702 | 1,437 | 3,269 |
| 15 | 3,791 | 412 | 2,410 | 296 | 673 |
| 16 | 3,749 | 407 | 2,383 | 293 | 666 |
| 17 | 3,697 | 401 | 2,350 | 289 | 657 |
| 18 | 3,630 | 395 | 2,307 | 283 | 645 |
| 19 | 3,540 | 384 | 2,252 | 276 | 628 |
| 20-24 | 15,927 | 1,730 | 10,127 | 1,243 | 2,827 |
| 25-29 | 13,777 | 1,495 | 8,760 | 1,076 | 2,446 |
| 30-34 | 12,239 | 1,327 | 7,782 | 955 | 2,175 |
| 35-39 | 11,298 | 1,226 | 7,182 | 884 | 2,006 |
| 40-44 | 9,805 | 1,063 | 6,234 | 766 | 1,742 |
| 45-49 | 8,893 | 967 | 5,653 | 693 | 1,580 |
| 50-54 | 8,023 | 870 | 5,104 | 626 | 1,423 |
| 55-59 | 6,682 | 727 | 4,247 | 521 | 1,187 |
| 60-64 | 5,172 | 562 | 3,288 | 404 | 918 |
| 65-69 | 3,522 | 382 | 2,240 | 275 | 625 |
| 70-74 | 2,235 | 242 | 1,422 | 175 | 396 |
| 75-79 | 1,357 | 147 | 864 | 106 | 240 |
| 80-84 | 745 | 83 | 471 | 59 | 132 |
| 85 y más | 502 | 55 | 318 | 39 | 90 |
| Hombres | 93,531 | 10,363 | 59,796 | 7,144 | 16,228 |
| 0-4 | 11,554 | 1,281 | 7,386 | 882 | 2,005 |
| 0 | 2,308 | 256 | 1,475 | 176 | 401 |
| 1 | 2,310 | 256 | 1,477 | 176 | 401 |
| 2 | 2,299 | 255 | 1,469 | 176 | 399 |
| 3 | 2,313 | 256 | 1,479 | 177 | 401 |
| 4 | 2,324 | 258 | 1,486 | 177 | 403 |
| 5-9 | 11,339 | 1,256 | 7,250 | 866 | 1,967 |
| 5 | 2,328 | 258 | 1,488 | 178 | 404 |
| 6 | 2,312 | 256 | 1,478 | 177 | 401 |
| 7 | 2,270 | 252 | 1,451 | 173 | 394 |
| 8 | 2,232 | 247 | 1,428 | 170 | 387 |
| 9 | 2,197 | 243 | 1,405 | 168 | 381 |
| 10-14 | 10,351 | 1,146 | 6,618 | 791 | 1,796 |
| 10 | 2,158 | 239 | 1,380 | 165 | 374 |
| 11 | 2,119 | 235 | 1,354 | 162 | 368 |
| 12 | 2,080 | 230 | 1,330 | 159 | 361 |
| 13 | 2,023 | 224 | 1,294 | 154 | 351 |
| 14 | 1,971 | 218 | 1,260 | 151 | 342 |

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2023**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|--------------------------------|---------------|----------------|---------------|-----------------|---------------|
| Hombres: (Continuación) | | | | | |
| 15-19 | 9,452 | 1,047 | 6,042 | 722 | 1,641 |
| 15 | 1,946 | 216 | 1,243 | 149 | 338 |
| 16 | 1,923 | 213 | 1,229 | 147 | 334 |
| 17 | 1,899 | 210 | 1,214 | 145 | 330 |
| 18 | 1,866 | 207 | 1,193 | 142 | 324 |
| 19 | 1,818 | 201 | 1,163 | 139 | 315 |
| 20-24 | 8,174 | 906 | 5,225 | 625 | 1,418 |
| 25-29 | 6,948 | 769 | 4,443 | 531 | 1,205 |
| 30-34 | 6,071 | 672 | 3,882 | 463 | 1,054 |
| 35-39 | 5,586 | 619 | 3,572 | 427 | 968 |
| 40-44 | 4,890 | 541 | 3,127 | 373 | 849 |
| 45-49 | 4,546 | 504 | 2,905 | 347 | 790 |
| 50-54 | 4,096 | 453 | 2,621 | 313 | 709 |
| 55-59 | 3,478 | 386 | 2,223 | 265 | 604 |
| 60-64 | 2,703 | 300 | 1,727 | 207 | 469 |
| 65-69 | 1,804 | 200 | 1,153 | 138 | 313 |
| 70-74 | 1,171 | 130 | 749 | 89 | 203 |
| 75-79 | 734 | 81 | 470 | 56 | 127 |
| 80-84 | 394 | 45 | 250 | 31 | 68 |
| 85 y más | 240 | 27 | 153 | 18 | 42 |
| Mujeres | 89,898 | 9,556 | 56,823 | 7,177 | 16,342 |
| 0-4 | 11,040 | 1,174 | 6,979 | 880 | 2,007 |
| 0 | 2,208 | 235 | 1,396 | 176 | 401 |
| 1 | 2,210 | 235 | 1,397 | 176 | 402 |
| 2 | 2,203 | 234 | 1,393 | 176 | 400 |
| 3 | 2,210 | 235 | 1,397 | 176 | 402 |
| 4 | 2,209 | 235 | 1,396 | 176 | 402 |
| 5-9 | 10,745 | 1,142 | 6,790 | 859 | 1,954 |
| 5 | 2,212 | 235 | 1,398 | 177 | 402 |
| 6 | 2,194 | 233 | 1,387 | 175 | 399 |
| 7 | 2,150 | 229 | 1,358 | 172 | 391 |
| 8 | 2,111 | 224 | 1,334 | 169 | 384 |
| 9 | 2,078 | 221 | 1,313 | 166 | 378 |
| 10-14 | 9,816 | 1,045 | 6,202 | 784 | 1,785 |
| 10 | 2,046 | 218 | 1,293 | 163 | 372 |
| 11 | 2,011 | 214 | 1,270 | 161 | 366 |
| 12 | 1,974 | 210 | 1,247 | 158 | 359 |
| 13 | 1,917 | 204 | 1,212 | 153 | 348 |
| 14 | 1,868 | 199 | 1,180 | 149 | 340 |
| 15-19 | 8,955 | 952 | 5,660 | 715 | 1,628 |
| 15 | 1,845 | 196 | 1,167 | 147 | 335 |
| 16 | 1,826 | 194 | 1,154 | 146 | 332 |
| 17 | 1,798 | 191 | 1,136 | 144 | 327 |
| 18 | 1,764 | 188 | 1,114 | 141 | 321 |
| 19 | 1,722 | 183 | 1,089 | 137 | 313 |
| 20-24 | 7,753 | 824 | 4,902 | 618 | 1,409 |
| 25-29 | 6,829 | 726 | 4,317 | 545 | 1,241 |
| 30-34 | 6,168 | 655 | 3,900 | 492 | 1,121 |
| 35-39 | 5,712 | 607 | 3,610 | 457 | 1,038 |
| 40-44 | 4,915 | 522 | 3,107 | 393 | 893 |
| 45-49 | 4,347 | 463 | 2,748 | 346 | 790 |
| 50-54 | 3,927 | 417 | 2,483 | 313 | 714 |
| 55-59 | 3,204 | 341 | 2,024 | 256 | 583 |
| 60-64 | 2,469 | 262 | 1,561 | 197 | 449 |
| 65-69 | 1,718 | 182 | 1,087 | 137 | 312 |
| 70-74 | 1,064 | 112 | 673 | 86 | 193 |
| 75-79 | 623 | 66 | 394 | 50 | 113 |
| 80-84 | 351 | 38 | 221 | 28 | 64 |
| 85 y más | 262 | 28 | 165 | 21 | 48 |

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2024**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|----------------|----------------|----------------|----------------|-----------------|---------------|
| TOTAL | 186,740 | 20,324 | 119,052 | 14,426 | 32,938 |
| 0-4 | 22,407 | 2,440 | 14,286 | 1,730 | 3,951 |
| 0 | 4,410 | 480 | 2,813 | 340 | 777 |
| 1 | 4,492 | 489 | 2,864 | 347 | 792 |
| 2 | 4,501 | 490 | 2,869 | 348 | 794 |
| 3 | 4,490 | 489 | 2,863 | 346 | 792 |
| 4 | 4,514 | 492 | 2,877 | 349 | 796 |
| 5-9 | 22,306 | 2,429 | 14,222 | 1,722 | 3,933 |
| 5 | 4,526 | 493 | 2,886 | 349 | 798 |
| 6 | 4,534 | 493 | 2,891 | 350 | 800 |
| 7 | 4,499 | 490 | 2,868 | 348 | 793 |
| 8 | 4,412 | 481 | 2,813 | 340 | 778 |
| 9 | 4,335 | 472 | 2,764 | 335 | 764 |
| 10-14 | 20,524 | 2,233 | 13,084 | 1,587 | 3,620 |
| 10 | 4,264 | 464 | 2,718 | 330 | 752 |
| 11 | 4,190 | 456 | 2,671 | 324 | 739 |
| 12 | 4,114 | 447 | 2,623 | 318 | 726 |
| 13 | 4,036 | 439 | 2,573 | 312 | 712 |
| 14 | 3,920 | 427 | 2,499 | 303 | 691 |
| 15-19 | 18,577 | 2,023 | 11,844 | 1,435 | 3,275 |
| 15 | 3,816 | 416 | 2,432 | 295 | 673 |
| 16 | 3,766 | 410 | 2,401 | 291 | 664 |
| 17 | 3,721 | 405 | 2,373 | 287 | 656 |
| 18 | 3,671 | 399 | 2,341 | 284 | 647 |
| 19 | 3,603 | 393 | 2,297 | 278 | 635 |
| 20-24 | 16,344 | 1,780 | 10,418 | 1,263 | 2,883 |
| 25-29 | 14,166 | 1,541 | 9,030 | 1,096 | 2,499 |
| 30-34 | 12,397 | 1,348 | 7,902 | 959 | 2,188 |
| 35-39 | 11,487 | 1,250 | 7,321 | 888 | 2,028 |
| 40-44 | 10,038 | 1,091 | 6,400 | 775 | 1,772 |
| 45-49 | 9,013 | 979 | 5,749 | 695 | 1,590 |
| 50-54 | 8,223 | 894 | 5,245 | 635 | 1,449 |
| 55-59 | 6,915 | 754 | 4,409 | 534 | 1,218 |
| 60-64 | 5,434 | 590 | 3,466 | 420 | 958 |
| 65-69 | 3,766 | 411 | 2,399 | 291 | 665 |
| 70-74 | 2,370 | 259 | 1,508 | 184 | 419 |
| 75-79 | 1,446 | 157 | 923 | 110 | 256 |
| 80-84 | 784 | 86 | 500 | 60 | 138 |
| 85 y más | 543 | 59 | 346 | 42 | 96 |
| Hombres | 95,121 | 10,562 | 60,976 | 7,191 | 16,392 |
| 0-4 | 11,461 | 1,273 | 7,347 | 866 | 1,975 |
| 0 | 2,254 | 250 | 1,446 | 170 | 388 |
| 1 | 2,298 | 255 | 1,473 | 174 | 396 |
| 2 | 2,303 | 256 | 1,476 | 174 | 397 |
| 3 | 2,295 | 255 | 1,471 | 173 | 396 |
| 4 | 2,311 | 257 | 1,481 | 175 | 398 |
| 5-9 | 11,458 | 1,273 | 7,345 | 866 | 1,974 |
| 5 | 2,322 | 258 | 1,489 | 175 | 400 |
| 6 | 2,327 | 258 | 1,492 | 176 | 401 |
| 7 | 2,311 | 257 | 1,481 | 175 | 398 |
| 8 | 2,268 | 252 | 1,454 | 171 | 391 |
| 9 | 2,230 | 248 | 1,429 | 169 | 384 |
| 10-14 | 10,543 | 1,170 | 6,758 | 798 | 1,817 |
| 10 | 2,192 | 243 | 1,405 | 166 | 378 |
| 11 | 2,152 | 239 | 1,379 | 163 | 371 |
| 12 | 2,112 | 234 | 1,354 | 160 | 364 |
| 13 | 2,073 | 230 | 1,329 | 157 | 357 |
| 14 | 2,014 | 224 | 1,291 | 152 | 347 |

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2024**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|-------------------------|---------------|----------------|---------------|-----------------|---------------|
| Hombres: (Continuación) | | | | | |
| 15-19 | 9,547 | 1,060 | 6,122 | 721 | 1,644 |
| 15 | 1,961 | 218 | 1,257 | 148 | 338 |
| 16 | 1,935 | 215 | 1,241 | 146 | 333 |
| 17 | 1,911 | 212 | 1,226 | 144 | 329 |
| 18 | 1,887 | 209 | 1,210 | 143 | 325 |
| 19 | 1,853 | 206 | 1,188 | 140 | 319 |
| 20-24 | 8,377 | 931 | 5,369 | 633 | 1,444 |
| 25-29 | 7,171 | 796 | 4,597 | 542 | 1,236 |
| 30-34 | 6,139 | 682 | 3,935 | 465 | 1,057 |
| 35-39 | 5,669 | 629 | 3,635 | 428 | 977 |
| 40-44 | 4,973 | 552 | 3,188 | 376 | 857 |
| 45-49 | 4,583 | 508 | 2,939 | 346 | 790 |
| 50-54 | 4,190 | 465 | 2,687 | 317 | 721 |
| 55-59 | 3,568 | 396 | 2,287 | 270 | 615 |
| 60-64 | 2,840 | 315 | 1,820 | 215 | 490 |
| 65-69 | 1,926 | 215 | 1,233 | 146 | 332 |
| 70-74 | 1,225 | 136 | 784 | 93 | 212 |
| 75-79 | 777 | 86 | 498 | 58 | 135 |
| 80-84 | 412 | 46 | 264 | 31 | 71 |
| 85 y más | 262 | 29 | 168 | 20 | 45 |
| Mujeres | 91,619 | 9,762 | 58,076 | 7,235 | 16,546 |
| 0-4 | 10,946 | 1,167 | 6,939 | 864 | 1,976 |
| 0 | 2,156 | 230 | 1,367 | 170 | 389 |
| 1 | 2,194 | 234 | 1,391 | 173 | 396 |
| 2 | 2,198 | 234 | 1,393 | 174 | 397 |
| 3 | 2,195 | 234 | 1,392 | 173 | 396 |
| 4 | 2,203 | 235 | 1,396 | 174 | 398 |
| 5-9 | 10,848 | 1,156 | 6,877 | 856 | 1,959 |
| 5 | 2,204 | 235 | 1,397 | 174 | 398 |
| 6 | 2,207 | 235 | 1,399 | 174 | 399 |
| 7 | 2,188 | 233 | 1,387 | 173 | 395 |
| 8 | 2,144 | 229 | 1,359 | 169 | 387 |
| 9 | 2,105 | 224 | 1,335 | 166 | 380 |
| 10-14 | 9,981 | 1,063 | 6,326 | 789 | 1,803 |
| 10 | 2,072 | 221 | 1,313 | 164 | 374 |
| 11 | 2,038 | 217 | 1,292 | 161 | 368 |
| 12 | 2,002 | 213 | 1,269 | 158 | 362 |
| 13 | 1,963 | 209 | 1,244 | 155 | 355 |
| 14 | 1,906 | 203 | 1,208 | 151 | 344 |
| 15-19 | 9,030 | 963 | 5,722 | 714 | 1,631 |
| 15 | 1,855 | 198 | 1,175 | 147 | 335 |
| 16 | 1,831 | 195 | 1,160 | 145 | 331 |
| 17 | 1,810 | 193 | 1,147 | 143 | 327 |
| 18 | 1,784 | 190 | 1,131 | 141 | 322 |
| 19 | 1,750 | 187 | 1,109 | 138 | 316 |
| 20-24 | 7,967 | 849 | 5,049 | 630 | 1,439 |
| 25-29 | 6,995 | 745 | 4,433 | 554 | 1,263 |
| 30-34 | 6,258 | 666 | 3,967 | 494 | 1,131 |
| 35-39 | 5,818 | 621 | 3,686 | 460 | 1,051 |
| 40-44 | 5,065 | 539 | 3,212 | 399 | 915 |
| 45-49 | 4,430 | 471 | 2,810 | 349 | 800 |
| 50-54 | 4,033 | 429 | 2,558 | 318 | 728 |
| 55-59 | 3,347 | 358 | 2,122 | 264 | 603 |
| 60-64 | 2,594 | 275 | 1,646 | 205 | 468 |
| 65-69 | 1,840 | 196 | 1,166 | 145 | 333 |
| 70-74 | 1,145 | 123 | 724 | 91 | 207 |
| 75-79 | 669 | 71 | 425 | 52 | 121 |
| 80-84 | 372 | 40 | 236 | 29 | 67 |
| 85 y más | 281 | 30 | 178 | 22 | 51 |

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2025**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|----------------|----------------|----------------|----------------|-----------------|---------------|
| TOTAL | 189,897 | 20,705 | 121,385 | 14,527 | 33,280 |
| 0-4 | 22,124 | 2,414 | 14,142 | 1,692 | 3,876 |
| 0 | 4,291 | 468 | 2,744 | 328 | 751 |
| 1 | 4,387 | 479 | 2,803 | 336 | 769 |
| 2 | 4,475 | 488 | 2,861 | 342 | 784 |
| 3 | 4,490 | 490 | 2,870 | 343 | 787 |
| 4 | 4,481 | 489 | 2,864 | 343 | 785 |
| 5-9 | 22,451 | 2,449 | 14,350 | 1,718 | 3,934 |
| 5 | 4,508 | 492 | 2,881 | 345 | 790 |
| 6 | 4,521 | 493 | 2,890 | 346 | 792 |
| 7 | 4,527 | 494 | 2,894 | 346 | 793 |
| 8 | 4,491 | 490 | 2,870 | 344 | 787 |
| 9 | 4,404 | 480 | 2,815 | 337 | 772 |
| 10-14 | 20,858 | 2,275 | 13,336 | 1,594 | 3,653 |
| 10 | 4,324 | 471 | 2,765 | 330 | 758 |
| 11 | 4,250 | 464 | 2,717 | 325 | 744 |
| 12 | 4,174 | 455 | 2,669 | 319 | 731 |
| 13 | 4,095 | 447 | 2,618 | 313 | 717 |
| 14 | 4,015 | 438 | 2,567 | 307 | 703 |
| 15-19 | 18,767 | 2,048 | 11,997 | 1,434 | 3,288 |
| 15 | 3,896 | 425 | 2,490 | 298 | 683 |
| 16 | 3,791 | 414 | 2,423 | 290 | 664 |
| 17 | 3,739 | 408 | 2,390 | 286 | 655 |
| 18 | 3,696 | 403 | 2,364 | 282 | 647 |
| 19 | 3,645 | 398 | 2,330 | 278 | 639 |
| 20-24 | 16,785 | 1,832 | 10,728 | 1,284 | 2,941 |
| 25-29 | 14,524 | 1,584 | 9,282 | 1,111 | 2,547 |
| 30-34 | 12,598 | 1,372 | 8,053 | 964 | 2,209 |
| 35-39 | 11,637 | 1,268 | 7,437 | 891 | 2,041 |
| 40-44 | 10,292 | 1,121 | 6,578 | 787 | 1,806 |
| 45-49 | 9,142 | 997 | 5,844 | 699 | 1,602 |
| 50-54 | 8,385 | 914 | 5,360 | 643 | 1,468 |
| 55-59 | 7,152 | 779 | 4,570 | 549 | 1,254 |
| 60-64 | 5,685 | 619 | 3,635 | 435 | 996 |
| 65-69 | 4,023 | 439 | 2,573 | 307 | 704 |
| 70-74 | 2,527 | 275 | 1,618 | 192 | 442 |
| 75-79 | 1,535 | 166 | 980 | 119 | 270 |
| 80-84 | 829 | 90 | 528 | 64 | 147 |
| 85 y más | 583 | 63 | 374 | 44 | 102 |
| Hombres | 96,639 | 10,746 | 62,120 | 7,232 | 16,541 |
| 0-4 | 11,322 | 1,260 | 7,278 | 847 | 1,937 |
| 0 | 2,193 | 244 | 1,410 | 164 | 375 |
| 1 | 2,244 | 250 | 1,442 | 168 | 384 |
| 2 | 2,292 | 255 | 1,474 | 171 | 392 |
| 3 | 2,300 | 256 | 1,478 | 172 | 394 |
| 4 | 2,293 | 255 | 1,474 | 172 | 392 |
| 5-9 | 11,531 | 1,283 | 7,411 | 864 | 1,973 |
| 5 | 2,309 | 257 | 1,484 | 173 | 395 |
| 6 | 2,321 | 258 | 1,492 | 174 | 397 |
| 7 | 2,326 | 259 | 1,495 | 174 | 398 |
| 8 | 2,309 | 257 | 1,484 | 173 | 395 |
| 9 | 2,266 | 252 | 1,456 | 170 | 388 |
| 10-14 | 10,724 | 1,192 | 6,896 | 801 | 1,835 |
| 10 | 2,225 | 247 | 1,431 | 166 | 381 |
| 11 | 2,186 | 243 | 1,405 | 164 | 374 |
| 12 | 2,144 | 238 | 1,379 | 160 | 367 |
| 13 | 2,105 | 234 | 1,354 | 157 | 360 |
| 14 | 2,064 | 230 | 1,327 | 154 | 353 |

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2025**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|--------------------------------|---------------|----------------|---------------|-----------------|---------------|
| Hombres: (Continuación) | | | | | |
| 15-19 | 9,654 | 1,074 | 6,206 | 722 | 1,652 |
| 15 | 2,004 | 223 | 1,288 | 150 | 343 |
| 16 | 1,951 | 217 | 1,254 | 146 | 334 |
| 17 | 1,924 | 214 | 1,237 | 144 | 329 |
| 18 | 1,900 | 211 | 1,222 | 142 | 325 |
| 19 | 1,875 | 209 | 1,205 | 140 | 321 |
| 20-24 | 8,601 | 957 | 5,527 | 644 | 1,473 |
| 25-29 | 7,373 | 820 | 4,738 | 552 | 1,263 |
| 30-34 | 6,235 | 693 | 4,009 | 466 | 1,067 |
| 35-39 | 5,732 | 637 | 3,685 | 429 | 981 |
| 40-44 | 5,073 | 564 | 3,261 | 380 | 868 |
| 45-49 | 4,618 | 514 | 2,969 | 345 | 790 |
| 50-54 | 4,269 | 475 | 2,744 | 320 | 730 |
| 55-59 | 3,659 | 406 | 2,351 | 275 | 627 |
| 60-64 | 2,966 | 329 | 1,907 | 222 | 508 |
| 65-69 | 2,059 | 230 | 1,324 | 153 | 352 |
| 70-74 | 1,289 | 143 | 829 | 96 | 221 |
| 75-79 | 816 | 90 | 524 | 62 | 140 |
| 80-84 | 435 | 48 | 278 | 33 | 76 |
| 85 y más | 283 | 31 | 183 | 21 | 48 |
| Mujeres | 93,258 | 9,959 | 59,265 | 7,295 | 16,739 |
| 0-4 | 10,802 | 1,154 | 6,864 | 845 | 1,939 |
| 0 | 2,098 | 224 | 1,334 | 164 | 376 |
| 1 | 2,143 | 229 | 1,361 | 168 | 385 |
| 2 | 2,183 | 233 | 1,387 | 171 | 392 |
| 3 | 2,190 | 234 | 1,392 | 171 | 393 |
| 4 | 2,188 | 234 | 1,390 | 171 | 393 |
| 5-9 | 10,920 | 1,166 | 6,939 | 854 | 1,961 |
| 5 | 2,199 | 235 | 1,397 | 172 | 395 |
| 6 | 2,200 | 235 | 1,398 | 172 | 395 |
| 7 | 2,201 | 235 | 1,399 | 172 | 395 |
| 8 | 2,182 | 233 | 1,386 | 171 | 392 |
| 9 | 2,138 | 228 | 1,359 | 167 | 384 |
| 10-14 | 10,134 | 1,083 | 6,440 | 793 | 1,818 |
| 10 | 2,099 | 224 | 1,334 | 164 | 377 |
| 11 | 2,064 | 221 | 1,312 | 161 | 370 |
| 12 | 2,030 | 217 | 1,290 | 159 | 364 |
| 13 | 1,990 | 213 | 1,264 | 156 | 357 |
| 14 | 1,951 | 208 | 1,240 | 153 | 350 |
| 15-19 | 9,113 | 974 | 5,791 | 712 | 1,636 |
| 15 | 1,892 | 202 | 1,202 | 148 | 340 |
| 16 | 1,840 | 197 | 1,169 | 144 | 330 |
| 17 | 1,815 | 194 | 1,153 | 142 | 326 |
| 18 | 1,796 | 192 | 1,142 | 140 | 322 |
| 19 | 1,770 | 189 | 1,125 | 138 | 318 |
| 20-24 | 8,184 | 875 | 5,201 | 640 | 1,468 |
| 25-29 | 7,151 | 764 | 4,544 | 559 | 1,284 |
| 30-34 | 6,363 | 679 | 4,044 | 498 | 1,142 |
| 35-39 | 5,905 | 631 | 3,752 | 462 | 1,060 |
| 40-44 | 5,219 | 557 | 3,317 | 407 | 938 |
| 45-49 | 4,524 | 483 | 2,875 | 354 | 812 |
| 50-54 | 4,116 | 439 | 2,616 | 323 | 738 |
| 55-59 | 3,493 | 373 | 2,219 | 274 | 627 |
| 60-64 | 2,719 | 290 | 1,728 | 213 | 488 |
| 65-69 | 1,964 | 209 | 1,249 | 154 | 352 |
| 70-74 | 1,238 | 132 | 789 | 96 | 221 |
| 75-79 | 719 | 76 | 456 | 57 | 130 |
| 80-84 | 394 | 42 | 250 | 31 | 71 |
| 85 y más | 300 | 32 | 191 | 23 | 54 |

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2026**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|----------------|----------------|----------------|----------------|-----------------|---------------|
| TOTAL | 193,054 | 21,098 | 123,739 | 14,614 | 33,603 |
| 0-4 | 21,770 | 2,378 | 13,956 | 1,648 | 3,788 |
| 0 | 4,179 | 457 | 2,679 | 316 | 727 |
| 1 | 4,270 | 466 | 2,738 | 323 | 743 |
| 2 | 4,371 | 477 | 2,803 | 331 | 760 |
| 3 | 4,466 | 488 | 2,862 | 339 | 777 |
| 4 | 4,484 | 490 | 2,874 | 339 | 781 |
| 5-9 | 22,501 | 2,458 | 14,424 | 1,704 | 3,915 |
| 5 | 4,477 | 489 | 2,869 | 339 | 780 |
| 6 | 4,503 | 492 | 2,887 | 341 | 783 |
| 7 | 4,514 | 493 | 2,894 | 342 | 785 |
| 8 | 4,522 | 494 | 2,899 | 342 | 787 |
| 9 | 4,485 | 490 | 2,875 | 340 | 780 |
| 10-14 | 21,185 | 2,315 | 13,582 | 1,602 | 3,686 |
| 10 | 4,395 | 480 | 2,818 | 333 | 764 |
| 11 | 4,314 | 472 | 2,766 | 326 | 750 |
| 12 | 4,238 | 463 | 2,716 | 321 | 738 |
| 13 | 4,159 | 454 | 2,667 | 314 | 724 |
| 14 | 4,079 | 446 | 2,615 | 308 | 710 |
| 15-19 | 19,038 | 2,082 | 12,203 | 1,440 | 3,313 |
| 15 | 3,997 | 437 | 2,562 | 302 | 696 |
| 16 | 3,875 | 423 | 2,485 | 293 | 674 |
| 17 | 3,770 | 413 | 2,416 | 285 | 656 |
| 18 | 3,720 | 407 | 2,383 | 282 | 648 |
| 19 | 3,676 | 402 | 2,357 | 278 | 639 |
| 20-24 | 17,239 | 1,886 | 11,049 | 1,305 | 2,999 |
| 25-29 | 14,869 | 1,625 | 9,529 | 1,125 | 2,590 |
| 30-34 | 12,860 | 1,406 | 8,241 | 974 | 2,239 |
| 35-39 | 11,766 | 1,286 | 7,538 | 892 | 2,050 |
| 40-44 | 10,568 | 1,153 | 6,773 | 800 | 1,842 |
| 45-49 | 9,295 | 1,017 | 5,958 | 703 | 1,617 |
| 50-54 | 8,521 | 931 | 5,460 | 645 | 1,485 |
| 55-59 | 7,385 | 807 | 4,733 | 560 | 1,285 |
| 60-64 | 5,931 | 648 | 3,803 | 448 | 1,032 |
| 65-69 | 4,282 | 468 | 2,746 | 324 | 744 |
| 70-74 | 2,708 | 296 | 1,734 | 206 | 472 |
| 75-79 | 1,630 | 178 | 1,045 | 123 | 284 |
| 80-84 | 880 | 96 | 564 | 67 | 153 |
| 85 y más | 626 | 68 | 401 | 48 | 109 |
| Hombres | 98,151 | 10,934 | 63,266 | 7,271 | 16,680 |
| 0-4 | 11,145 | 1,241 | 7,184 | 826 | 1,894 |
| 0 | 2,136 | 238 | 1,377 | 158 | 363 |
| 1 | 2,184 | 243 | 1,408 | 162 | 371 |
| 2 | 2,238 | 249 | 1,443 | 166 | 380 |
| 3 | 2,289 | 255 | 1,475 | 170 | 389 |
| 4 | 2,298 | 256 | 1,481 | 170 | 391 |
| 5-9 | 11,551 | 1,286 | 7,446 | 856 | 1,963 |
| 5 | 2,292 | 255 | 1,477 | 170 | 390 |
| 6 | 2,308 | 257 | 1,488 | 171 | 392 |
| 7 | 2,319 | 258 | 1,495 | 172 | 394 |
| 8 | 2,325 | 259 | 1,499 | 172 | 395 |
| 9 | 2,307 | 257 | 1,487 | 171 | 392 |
| 10-14 | 10,901 | 1,215 | 7,026 | 807 | 1,853 |
| 10 | 2,262 | 252 | 1,458 | 168 | 384 |
| 11 | 2,221 | 248 | 1,432 | 164 | 377 |
| 12 | 2,181 | 243 | 1,405 | 162 | 371 |
| 13 | 2,139 | 238 | 1,379 | 158 | 364 |
| 14 | 2,098 | 234 | 1,352 | 155 | 357 |

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2026**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|-------------------------|---------------|----------------|---------------|-----------------|---------------|
| Hombres: (Continuación) | | | | | |
| 15-19 | 9,803 | 1,093 | 6,318 | 726 | 1,666 |
| 15 | 2,057 | 229 | 1,326 | 152 | 350 |
| 16 | 1,996 | 222 | 1,287 | 148 | 339 |
| 17 | 1,943 | 217 | 1,252 | 144 | 330 |
| 18 | 1,916 | 214 | 1,234 | 142 | 326 |
| 19 | 1,891 | 211 | 1,219 | 140 | 321 |
| 20-24 | 8,839 | 985 | 5,697 | 655 | 1,502 |
| 25-29 | 7,559 | 842 | 4,871 | 560 | 1,286 |
| 30-34 | 6,370 | 710 | 4,106 | 472 | 1,082 |
| 35-39 | 5,782 | 644 | 3,727 | 428 | 983 |
| 40-44 | 5,193 | 578 | 3,348 | 384 | 883 |
| 45-49 | 4,661 | 519 | 3,006 | 345 | 791 |
| 50-54 | 4,335 | 483 | 2,793 | 321 | 738 |
| 55-59 | 3,752 | 419 | 2,418 | 279 | 636 |
| 60-64 | 3,079 | 342 | 1,986 | 228 | 523 |
| 65-69 | 2,193 | 245 | 1,414 | 162 | 372 |
| 70-74 | 1,368 | 152 | 882 | 101 | 233 |
| 75-79 | 854 | 95 | 551 | 63 | 145 |
| 80-84 | 462 | 51 | 298 | 35 | 78 |
| 85 y más | 304 | 34 | 195 | 23 | 52 |
| Mujeres | 94,903 | 10,164 | 60,473 | 7,343 | 16,923 |
| 0-4 | 10,625 | 1,137 | 6,772 | 822 | 1,894 |
| 0 | 2,043 | 219 | 1,302 | 158 | 364 |
| 1 | 2,086 | 223 | 1,330 | 161 | 372 |
| 2 | 2,133 | 228 | 1,360 | 165 | 380 |
| 3 | 2,177 | 233 | 1,387 | 169 | 388 |
| 4 | 2,186 | 234 | 1,393 | 169 | 390 |
| 5-9 | 10,950 | 1,172 | 6,978 | 848 | 1,952 |
| 5 | 2,185 | 234 | 1,392 | 169 | 390 |
| 6 | 2,195 | 235 | 1,399 | 170 | 391 |
| 7 | 2,195 | 235 | 1,399 | 170 | 391 |
| 8 | 2,197 | 235 | 1,400 | 170 | 392 |
| 9 | 2,178 | 233 | 1,388 | 169 | 388 |
| 10-14 | 10,284 | 1,100 | 6,556 | 795 | 1,833 |
| 10 | 2,133 | 228 | 1,360 | 165 | 380 |
| 11 | 2,093 | 224 | 1,334 | 162 | 373 |
| 12 | 2,057 | 220 | 1,311 | 159 | 367 |
| 13 | 2,020 | 216 | 1,288 | 156 | 360 |
| 14 | 1,981 | 212 | 1,263 | 153 | 353 |
| 15-19 | 9,235 | 989 | 5,885 | 714 | 1,647 |
| 15 | 1,940 | 208 | 1,236 | 150 | 346 |
| 16 | 1,879 | 201 | 1,198 | 145 | 335 |
| 17 | 1,827 | 196 | 1,164 | 141 | 326 |
| 18 | 1,804 | 193 | 1,149 | 140 | 322 |
| 19 | 1,785 | 191 | 1,138 | 138 | 318 |
| 20-24 | 8,400 | 901 | 5,352 | 650 | 1,497 |
| 25-29 | 7,310 | 783 | 4,658 | 565 | 1,304 |
| 30-34 | 6,490 | 696 | 4,135 | 502 | 1,157 |
| 35-39 | 5,984 | 642 | 3,811 | 464 | 1,067 |
| 40-44 | 5,375 | 575 | 3,425 | 416 | 959 |
| 45-49 | 4,634 | 498 | 2,952 | 358 | 826 |
| 50-54 | 4,186 | 448 | 2,667 | 324 | 747 |
| 55-59 | 3,633 | 388 | 2,315 | 281 | 649 |
| 60-64 | 2,852 | 306 | 1,817 | 220 | 509 |
| 65-69 | 2,089 | 223 | 1,332 | 162 | 372 |
| 70-74 | 1,340 | 144 | 852 | 105 | 239 |
| 75-79 | 776 | 83 | 494 | 60 | 139 |
| 80-84 | 418 | 45 | 266 | 32 | 75 |
| 85 y más | 322 | 34 | 206 | 25 | 57 |

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2027**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|----------------|----------------|----------------|----------------|-----------------|---------------|
| TOTAL | 196,211 | 21,486 | 126,096 | 14,705 | 33,924 |
| 0-4 | 21,317 | 2,334 | 13,699 | 1,599 | 3,685 |
| 0 | 4,078 | 447 | 2,620 | 306 | 705 |
| 1 | 4,160 | 455 | 2,674 | 312 | 719 |
| 2 | 4,256 | 466 | 2,735 | 319 | 736 |
| 3 | 4,363 | 478 | 2,804 | 327 | 754 |
| 4 | 4,460 | 488 | 2,866 | 335 | 771 |
| 5-9 | 22,480 | 2,460 | 14,451 | 1,683 | 3,886 |
| 5 | 4,481 | 490 | 2,881 | 335 | 775 |
| 6 | 4,473 | 490 | 2,874 | 335 | 774 |
| 7 | 4,498 | 492 | 2,892 | 337 | 777 |
| 8 | 4,510 | 494 | 2,899 | 338 | 779 |
| 9 | 4,518 | 494 | 2,905 | 338 | 781 |
| 10-14 | 21,551 | 2,360 | 13,852 | 1,616 | 3,723 |
| 10 | 4,479 | 490 | 2,879 | 336 | 774 |
| 11 | 4,390 | 481 | 2,822 | 329 | 758 |
| 12 | 4,305 | 472 | 2,766 | 323 | 744 |
| 13 | 4,228 | 463 | 2,718 | 317 | 730 |
| 14 | 4,149 | 454 | 2,667 | 311 | 717 |
| 15-19 | 19,372 | 2,122 | 12,452 | 1,451 | 3,347 |
| 15 | 4,067 | 446 | 2,614 | 304 | 703 |
| 16 | 3,981 | 436 | 2,559 | 298 | 688 |
| 17 | 3,860 | 423 | 2,481 | 289 | 667 |
| 18 | 3,757 | 411 | 2,415 | 282 | 649 |
| 19 | 3,707 | 406 | 2,383 | 278 | 640 |
| 20-24 | 17,645 | 1,933 | 11,339 | 1,322 | 3,051 |
| 25-29 | 15,237 | 1,671 | 9,789 | 1,142 | 2,635 |
| 30-34 | 13,195 | 1,444 | 8,480 | 988 | 2,283 |
| 35-39 | 11,897 | 1,303 | 7,643 | 892 | 2,059 |
| 40-44 | 10,847 | 1,187 | 6,970 | 813 | 1,877 |
| 45-49 | 9,464 | 1,037 | 6,081 | 710 | 1,636 |
| 50-54 | 8,646 | 946 | 5,557 | 648 | 1,495 |
| 55-59 | 7,607 | 833 | 4,889 | 570 | 1,315 |
| 60-64 | 6,170 | 675 | 3,966 | 463 | 1,066 |
| 65-69 | 4,541 | 497 | 2,918 | 341 | 785 |
| 70-74 | 2,906 | 318 | 1,867 | 217 | 504 |
| 75-79 | 1,729 | 190 | 1,111 | 130 | 298 |
| 80-84 | 940 | 103 | 604 | 70 | 163 |
| 85 y más | 667 | 73 | 428 | 50 | 116 |
| Hombres | 99,651 | 11,124 | 64,405 | 7,303 | 16,819 |
| 0-4 | 10,910 | 1,218 | 7,049 | 801 | 1,842 |
| 0 | 2,084 | 233 | 1,346 | 153 | 352 |
| 1 | 2,127 | 237 | 1,375 | 156 | 359 |
| 2 | 2,178 | 243 | 1,407 | 160 | 368 |
| 3 | 2,235 | 250 | 1,444 | 164 | 377 |
| 4 | 2,286 | 255 | 1,477 | 168 | 386 |
| 5-9 | 11,536 | 1,287 | 7,457 | 845 | 1,947 |
| 5 | 2,297 | 256 | 1,485 | 168 | 388 |
| 6 | 2,291 | 256 | 1,480 | 168 | 387 |
| 7 | 2,306 | 257 | 1,491 | 169 | 389 |
| 8 | 2,318 | 259 | 1,498 | 170 | 391 |
| 9 | 2,324 | 259 | 1,503 | 170 | 392 |
| 10-14 | 11,093 | 1,238 | 7,169 | 815 | 1,871 |
| 10 | 2,304 | 257 | 1,489 | 169 | 389 |
| 11 | 2,260 | 252 | 1,461 | 166 | 381 |
| 12 | 2,217 | 248 | 1,432 | 163 | 374 |
| 13 | 2,177 | 243 | 1,407 | 160 | 367 |
| 14 | 2,135 | 238 | 1,380 | 157 | 360 |

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2027**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|--------------------------------|---------------|----------------|---------------|-----------------|---------------|
| Hombres: (Continuación) | | | | | |
| 15-19 | 9,980 | 1,114 | 6,451 | 731 | 1,684 |
| 15 | 2,093 | 234 | 1,353 | 153 | 353 |
| 16 | 2,050 | 229 | 1,325 | 150 | 346 |
| 17 | 1,990 | 222 | 1,286 | 146 | 336 |
| 18 | 1,937 | 216 | 1,252 | 142 | 327 |
| 19 | 1,910 | 213 | 1,235 | 140 | 322 |
| 20-24 | 9,053 | 1,011 | 5,850 | 663 | 1,529 |
| 25-29 | 7,752 | 867 | 5,008 | 568 | 1,309 |
| 30-34 | 6,549 | 731 | 4,234 | 479 | 1,105 |
| 35-39 | 5,839 | 652 | 3,774 | 427 | 986 |
| 40-44 | 5,318 | 594 | 3,437 | 390 | 897 |
| 45-49 | 4,711 | 526 | 3,046 | 345 | 794 |
| 50-54 | 4,391 | 489 | 2,838 | 322 | 742 |
| 55-59 | 3,847 | 430 | 2,487 | 281 | 649 |
| 60-64 | 3,182 | 354 | 2,058 | 234 | 536 |
| 65-69 | 2,326 | 259 | 1,503 | 171 | 393 |
| 70-74 | 1,458 | 163 | 942 | 106 | 247 |
| 75-79 | 891 | 100 | 575 | 66 | 150 |
| 80-84 | 491 | 55 | 318 | 35 | 83 |
| 85 y más | 324 | 36 | 209 | 24 | 55 |
| Mujeres | 96,560 | 10,362 | 61,691 | 7,402 | 17,105 |
| 0-4 | 10,407 | 1,116 | 6,650 | 798 | 1,843 |
| 0 | 1,994 | 214 | 1,274 | 153 | 353 |
| 1 | 2,033 | 218 | 1,299 | 156 | 360 |
| 2 | 2,078 | 223 | 1,328 | 159 | 368 |
| 3 | 2,128 | 228 | 1,360 | 163 | 377 |
| 4 | 2,174 | 233 | 1,389 | 167 | 385 |
| 5-9 | 10,944 | 1,173 | 6,994 | 838 | 1,939 |
| 5 | 2,184 | 234 | 1,396 | 167 | 387 |
| 6 | 2,182 | 234 | 1,394 | 167 | 387 |
| 7 | 2,192 | 235 | 1,401 | 168 | 388 |
| 8 | 2,192 | 235 | 1,401 | 168 | 388 |
| 9 | 2,194 | 235 | 1,402 | 168 | 389 |
| 10-14 | 10,458 | 1,122 | 6,683 | 801 | 1,852 |
| 10 | 2,175 | 233 | 1,390 | 167 | 385 |
| 11 | 2,130 | 229 | 1,361 | 163 | 377 |
| 12 | 2,088 | 224 | 1,334 | 160 | 370 |
| 13 | 2,051 | 220 | 1,311 | 157 | 363 |
| 14 | 2,014 | 216 | 1,287 | 154 | 357 |
| 15-19 | 9,392 | 1,008 | 6,001 | 720 | 1,663 |
| 15 | 1,974 | 212 | 1,261 | 151 | 350 |
| 16 | 1,931 | 207 | 1,234 | 148 | 342 |
| 17 | 1,870 | 201 | 1,195 | 143 | 331 |
| 18 | 1,820 | 195 | 1,163 | 140 | 322 |
| 19 | 1,797 | 193 | 1,148 | 138 | 318 |
| 20-24 | 8,592 | 922 | 5,489 | 659 | 1,522 |
| 25-29 | 7,485 | 804 | 4,781 | 574 | 1,326 |
| 30-34 | 6,646 | 713 | 4,246 | 509 | 1,178 |
| 35-39 | 6,058 | 651 | 3,869 | 465 | 1,073 |
| 40-44 | 5,529 | 593 | 3,533 | 423 | 980 |
| 45-49 | 4,753 | 511 | 3,035 | 365 | 842 |
| 50-54 | 4,255 | 457 | 2,719 | 326 | 753 |
| 55-59 | 3,760 | 403 | 2,402 | 289 | 666 |
| 60-64 | 2,988 | 321 | 1,908 | 229 | 530 |
| 65-69 | 2,215 | 238 | 1,415 | 170 | 392 |
| 70-74 | 1,448 | 155 | 925 | 111 | 257 |
| 75-79 | 838 | 90 | 536 | 64 | 148 |
| 80-84 | 449 | 48 | 286 | 35 | 80 |
| 85 y más | 343 | 37 | 219 | 26 | 61 |

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2028**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|----------------|----------------|----------------|----------------|-----------------|---------------|
| TOTAL | 199,271 | 21,868 | 128,384 | 14,785 | 34,234 |
| 0-4 | 20,799 | 2,283 | 13,399 | 1,544 | 3,573 |
| 0 | 3,987 | 438 | 2,568 | 296 | 685 |
| 1 | 4,060 | 445 | 2,616 | 302 | 697 |
| 2 | 4,146 | 455 | 2,670 | 308 | 713 |
| 3 | 4,248 | 466 | 2,737 | 315 | 730 |
| 4 | 4,358 | 479 | 2,808 | 323 | 748 |
| 5-9 | 22,402 | 2,460 | 14,433 | 1,662 | 3,847 |
| 5 | 4,456 | 490 | 2,870 | 331 | 765 |
| 6 | 4,477 | 492 | 2,883 | 333 | 769 |
| 7 | 4,468 | 490 | 2,879 | 331 | 768 |
| 8 | 4,495 | 494 | 2,896 | 333 | 772 |
| 9 | 4,506 | 494 | 2,905 | 334 | 773 |
| 10-14 | 21,881 | 2,404 | 14,097 | 1,623 | 3,757 |
| 10 | 4,512 | 496 | 2,907 | 334 | 775 |
| 11 | 4,474 | 492 | 2,882 | 332 | 768 |
| 12 | 4,382 | 481 | 2,824 | 325 | 752 |
| 13 | 4,296 | 472 | 2,767 | 319 | 738 |
| 14 | 4,217 | 463 | 2,717 | 313 | 724 |
| 15-19 | 19,750 | 2,168 | 12,726 | 1,465 | 3,391 |
| 15 | 4,138 | 454 | 2,667 | 307 | 710 |
| 16 | 4,054 | 445 | 2,612 | 301 | 696 |
| 17 | 3,966 | 436 | 2,555 | 294 | 681 |
| 18 | 3,847 | 422 | 2,479 | 285 | 661 |
| 19 | 3,745 | 411 | 2,413 | 278 | 643 |
| 20-24 | 17,951 | 1,970 | 11,569 | 1,331 | 3,081 |
| 25-29 | 15,640 | 1,716 | 10,076 | 1,161 | 2,687 |
| 30-34 | 13,590 | 1,490 | 8,756 | 1,009 | 2,335 |
| 35-39 | 12,041 | 1,321 | 7,755 | 894 | 2,071 |
| 40-44 | 11,096 | 1,217 | 7,147 | 824 | 1,908 |
| 45-49 | 9,665 | 1,061 | 6,224 | 717 | 1,663 |
| 50-54 | 8,761 | 962 | 5,643 | 650 | 1,506 |
| 55-59 | 7,818 | 857 | 5,039 | 579 | 1,343 |
| 60-64 | 6,400 | 701 | 4,123 | 476 | 1,100 |
| 65-69 | 4,798 | 526 | 3,093 | 355 | 824 |
| 70-74 | 3,119 | 341 | 2,012 | 230 | 536 |
| 75-79 | 1,840 | 202 | 1,186 | 136 | 316 |
| 80-84 | 1,011 | 112 | 649 | 76 | 174 |
| 85 y más | 709 | 77 | 457 | 53 | 122 |
| Hombres | 101,108 | 11,310 | 65,512 | 7,337 | 16,949 |
| 0-4 | 10,643 | 1,190 | 6,895 | 773 | 1,785 |
| 0 | 2,038 | 228 | 1,320 | 148 | 342 |
| 1 | 2,076 | 232 | 1,345 | 151 | 348 |
| 2 | 2,121 | 237 | 1,374 | 154 | 356 |
| 3 | 2,175 | 243 | 1,409 | 158 | 365 |
| 4 | 2,233 | 250 | 1,447 | 162 | 374 |
| 5-9 | 11,492 | 1,286 | 7,446 | 834 | 1,926 |
| 5 | 2,285 | 256 | 1,480 | 166 | 383 |
| 6 | 2,296 | 257 | 1,487 | 167 | 385 |
| 7 | 2,289 | 256 | 1,483 | 166 | 384 |
| 8 | 2,305 | 258 | 1,494 | 167 | 386 |
| 9 | 2,317 | 259 | 1,502 | 168 | 388 |
| 10-14 | 11,267 | 1,261 | 7,300 | 818 | 1,888 |
| 10 | 2,321 | 260 | 1,504 | 168 | 389 |
| 11 | 2,302 | 258 | 1,491 | 167 | 386 |
| 12 | 2,257 | 252 | 1,463 | 164 | 378 |
| 13 | 2,214 | 248 | 1,434 | 161 | 371 |
| 14 | 2,173 | 243 | 1,408 | 158 | 364 |

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2028**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|--------------------------------|---------------|----------------|---------------|-----------------|---------------|
| Hombres: (Continuación) | | | | | |
| 15-19 | 10,179 | 1,139 | 6,594 | 739 | 1,707 |
| 15 | 2,131 | 238 | 1,381 | 155 | 357 |
| 16 | 2,088 | 234 | 1,352 | 152 | 350 |
| 17 | 2,044 | 229 | 1,324 | 148 | 343 |
| 18 | 1,984 | 222 | 1,285 | 144 | 333 |
| 19 | 1,932 | 216 | 1,252 | 140 | 324 |
| 20-24 | 9,220 | 1,031 | 5,977 | 668 | 1,544 |
| 25-29 | 7,956 | 890 | 5,154 | 578 | 1,334 |
| 30-34 | 6,770 | 757 | 4,387 | 492 | 1,134 |
| 35-39 | 5,904 | 661 | 3,825 | 428 | 990 |
| 40-44 | 5,431 | 608 | 3,518 | 394 | 911 |
| 45-49 | 4,778 | 535 | 3,095 | 346 | 802 |
| 50-54 | 4,434 | 496 | 2,872 | 322 | 744 |
| 55-59 | 3,942 | 440 | 2,557 | 285 | 660 |
| 60-64 | 3,275 | 365 | 2,122 | 238 | 550 |
| 65-69 | 2,459 | 275 | 1,594 | 178 | 412 |
| 70-74 | 1,558 | 174 | 1,012 | 112 | 260 |
| 75-79 | 933 | 105 | 605 | 67 | 156 |
| 80-84 | 523 | 59 | 336 | 40 | 88 |
| 85 y más | 344 | 38 | 223 | 25 | 58 |
| Mujeres | 98,163 | 10,558 | 62,872 | 7,448 | 17,285 |
| 0-4 | 10,156 | 1,093 | 6,504 | 771 | 1,788 |
| 0 | 1,949 | 210 | 1,248 | 148 | 343 |
| 1 | 1,984 | 213 | 1,271 | 151 | 349 |
| 2 | 2,025 | 218 | 1,296 | 154 | 357 |
| 3 | 2,073 | 223 | 1,328 | 157 | 365 |
| 4 | 2,125 | 229 | 1,361 | 161 | 374 |
| 5-9 | 10,910 | 1,174 | 6,987 | 828 | 1,921 |
| 5 | 2,171 | 234 | 1,390 | 165 | 382 |
| 6 | 2,181 | 235 | 1,396 | 166 | 384 |
| 7 | 2,179 | 234 | 1,396 | 165 | 384 |
| 8 | 2,190 | 236 | 1,402 | 166 | 386 |
| 9 | 2,189 | 235 | 1,403 | 166 | 385 |
| 10-14 | 10,614 | 1,143 | 6,797 | 805 | 1,869 |
| 10 | 2,191 | 236 | 1,403 | 166 | 386 |
| 11 | 2,172 | 234 | 1,391 | 165 | 382 |
| 12 | 2,125 | 229 | 1,361 | 161 | 374 |
| 13 | 2,082 | 224 | 1,333 | 158 | 367 |
| 14 | 2,044 | 220 | 1,309 | 155 | 360 |
| 15-19 | 9,571 | 1,029 | 6,132 | 726 | 1,684 |
| 15 | 2,007 | 216 | 1,286 | 152 | 353 |
| 16 | 1,966 | 211 | 1,260 | 149 | 346 |
| 17 | 1,922 | 207 | 1,231 | 146 | 338 |
| 18 | 1,863 | 200 | 1,194 | 141 | 328 |
| 19 | 1,813 | 195 | 1,161 | 138 | 319 |
| 20-24 | 8,731 | 939 | 5,592 | 663 | 1,537 |
| 25-29 | 7,684 | 826 | 4,922 | 583 | 1,353 |
| 30-34 | 6,820 | 733 | 4,369 | 517 | 1,201 |
| 35-39 | 6,137 | 660 | 3,930 | 466 | 1,081 |
| 40-44 | 5,665 | 609 | 3,629 | 430 | 997 |
| 45-49 | 4,887 | 526 | 3,129 | 371 | 861 |
| 50-54 | 4,327 | 466 | 2,771 | 328 | 762 |
| 55-59 | 3,876 | 417 | 2,482 | 294 | 683 |
| 60-64 | 3,125 | 336 | 2,001 | 238 | 550 |
| 65-69 | 2,339 | 251 | 1,499 | 177 | 412 |
| 70-74 | 1,561 | 167 | 1,000 | 118 | 276 |
| 75-79 | 907 | 97 | 581 | 69 | 160 |
| 80-84 | 488 | 53 | 313 | 36 | 86 |
| 85 y más | 365 | 39 | 234 | 28 | 64 |

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2029**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|----------------|----------------|----------------|----------------|-----------------|---------------|
| TOTAL | 202,245 | 22,241 | 130,608 | 14,877 | 34,519 |
| 0-4 | 20,304 | 2,234 | 13,110 | 1,494 | 3,466 |
| 0 | 3,906 | 430 | 2,522 | 288 | 666 |
| 1 | 3,970 | 437 | 2,563 | 292 | 678 |
| 2 | 4,047 | 445 | 2,613 | 298 | 691 |
| 3 | 4,139 | 455 | 2,673 | 304 | 707 |
| 4 | 4,242 | 467 | 2,739 | 312 | 724 |
| 5-9 | 22,234 | 2,446 | 14,360 | 1,635 | 3,793 |
| 5 | 4,354 | 479 | 2,812 | 320 | 743 |
| 6 | 4,452 | 490 | 2,876 | 327 | 759 |
| 7 | 4,472 | 492 | 2,888 | 329 | 763 |
| 8 | 4,465 | 491 | 2,884 | 328 | 762 |
| 9 | 4,491 | 494 | 2,900 | 331 | 766 |
| 10-14 | 22,132 | 2,436 | 14,294 | 1,626 | 3,776 |
| 10 | 4,500 | 495 | 2,907 | 330 | 768 |
| 11 | 4,507 | 496 | 2,910 | 332 | 769 |
| 12 | 4,467 | 492 | 2,885 | 328 | 762 |
| 13 | 4,373 | 481 | 2,825 | 321 | 746 |
| 14 | 4,285 | 472 | 2,767 | 315 | 731 |
| 15-19 | 20,162 | 2,217 | 13,024 | 1,482 | 3,439 |
| 15 | 4,206 | 463 | 2,717 | 309 | 717 |
| 16 | 4,127 | 454 | 2,666 | 303 | 704 |
| 17 | 4,041 | 444 | 2,610 | 297 | 690 |
| 18 | 3,953 | 434 | 2,554 | 291 | 674 |
| 19 | 3,835 | 422 | 2,477 | 282 | 654 |
| 20-24 | 18,188 | 2,003 | 11,743 | 1,339 | 3,103 |
| 25-29 | 16,087 | 1,769 | 10,392 | 1,183 | 2,743 |
| 30-34 | 13,999 | 1,539 | 9,039 | 1,030 | 2,391 |
| 35-39 | 12,217 | 1,342 | 7,889 | 899 | 2,087 |
| 40-44 | 11,306 | 1,241 | 7,300 | 833 | 1,932 |
| 45-49 | 9,899 | 1,087 | 6,392 | 729 | 1,691 |
| 50-54 | 8,874 | 976 | 5,730 | 652 | 1,516 |
| 55-59 | 8,013 | 881 | 5,175 | 590 | 1,367 |
| 60-64 | 6,626 | 727 | 4,280 | 487 | 1,132 |
| 65-69 | 5,050 | 556 | 3,260 | 372 | 862 |
| 70-74 | 3,347 | 367 | 2,164 | 246 | 570 |
| 75-79 | 1,964 | 218 | 1,266 | 145 | 335 |
| 80-84 | 1,083 | 119 | 698 | 80 | 186 |
| 85 y más | 760 | 83 | 492 | 55 | 130 |
| Hombres | 102,524 | 11,488 | 66,601 | 7,370 | 17,065 |
| 0-4 | 10,388 | 1,165 | 6,746 | 747 | 1,730 |
| 0 | 1,997 | 224 | 1,297 | 144 | 332 |
| 1 | 2,030 | 228 | 1,318 | 146 | 338 |
| 2 | 2,070 | 232 | 1,344 | 149 | 345 |
| 3 | 2,118 | 237 | 1,376 | 152 | 353 |
| 4 | 2,173 | 244 | 1,411 | 156 | 362 |
| 5-9 | 11,402 | 1,277 | 7,408 | 819 | 1,898 |
| 5 | 2,232 | 250 | 1,450 | 160 | 372 |
| 6 | 2,284 | 256 | 1,484 | 164 | 380 |
| 7 | 2,294 | 257 | 1,490 | 165 | 382 |
| 8 | 2,288 | 256 | 1,487 | 164 | 381 |
| 9 | 2,304 | 258 | 1,497 | 166 | 383 |
| 10-14 | 11,397 | 1,278 | 7,403 | 819 | 1,897 |
| 10 | 2,314 | 259 | 1,504 | 166 | 385 |
| 11 | 2,319 | 260 | 1,506 | 167 | 386 |
| 12 | 2,300 | 258 | 1,494 | 165 | 383 |
| 13 | 2,254 | 253 | 1,464 | 162 | 375 |
| 14 | 2,210 | 248 | 1,435 | 159 | 368 |

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2029**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|-------------------------|---------------|----------------|---------------|-----------------|---------------|
| Hombres: (Continuación) | | | | | |
| 15-19 | 10,396 | 1,164 | 6,754 | 748 | 1,730 |
| 15 | 2,169 | 243 | 1,409 | 156 | 361 |
| 16 | 2,127 | 238 | 1,382 | 153 | 354 |
| 17 | 2,083 | 233 | 1,353 | 150 | 347 |
| 18 | 2,038 | 228 | 1,324 | 147 | 339 |
| 19 | 1,979 | 222 | 1,286 | 142 | 329 |
| 20-24 | 9,353 | 1,049 | 6,073 | 674 | 1,557 |
| 25-29 | 8,177 | 917 | 5,312 | 588 | 1,360 |
| 30-34 | 7,009 | 786 | 4,550 | 505 | 1,168 |
| 35-39 | 5,984 | 671 | 3,887 | 430 | 996 |
| 40-44 | 5,530 | 619 | 3,593 | 397 | 921 |
| 45-49 | 4,863 | 544 | 3,160 | 350 | 809 |
| 50-54 | 4,469 | 501 | 2,903 | 320 | 745 |
| 55-59 | 4,034 | 452 | 2,621 | 290 | 671 |
| 60-64 | 3,362 | 375 | 2,187 | 241 | 559 |
| 65-69 | 2,588 | 290 | 1,682 | 186 | 430 |
| 70-74 | 1,667 | 186 | 1,085 | 119 | 277 |
| 75-79 | 981 | 111 | 636 | 71 | 163 |
| 80-84 | 556 | 62 | 361 | 40 | 93 |
| 85 y más | 368 | 41 | 240 | 26 | 61 |
| Mujeres | 99,721 | 10,753 | 64,007 | 7,507 | 17,454 |
| 0-4 | 9,916 | 1,069 | 6,364 | 747 | 1,736 |
| 0 | 1,909 | 206 | 1,225 | 144 | 334 |
| 1 | 1,940 | 209 | 1,245 | 146 | 340 |
| 2 | 1,977 | 213 | 1,269 | 149 | 346 |
| 3 | 2,021 | 218 | 1,297 | 152 | 354 |
| 4 | 2,069 | 223 | 1,328 | 156 | 362 |
| 5-9 | 10,832 | 1,169 | 6,952 | 816 | 1,895 |
| 5 | 2,122 | 229 | 1,362 | 160 | 371 |
| 6 | 2,168 | 234 | 1,392 | 163 | 379 |
| 7 | 2,178 | 235 | 1,398 | 164 | 381 |
| 8 | 2,177 | 235 | 1,397 | 164 | 381 |
| 9 | 2,187 | 236 | 1,403 | 165 | 383 |
| 10-14 | 10,735 | 1,158 | 6,891 | 807 | 1,879 |
| 10 | 2,186 | 236 | 1,403 | 164 | 383 |
| 11 | 2,188 | 236 | 1,404 | 165 | 383 |
| 12 | 2,167 | 234 | 1,391 | 163 | 379 |
| 13 | 2,119 | 228 | 1,361 | 159 | 371 |
| 14 | 2,075 | 224 | 1,332 | 156 | 363 |
| 15-19 | 9,766 | 1,053 | 6,270 | 734 | 1,709 |
| 15 | 2,037 | 220 | 1,308 | 153 | 356 |
| 16 | 2,000 | 216 | 1,284 | 150 | 350 |
| 17 | 1,958 | 211 | 1,257 | 147 | 343 |
| 18 | 1,915 | 206 | 1,230 | 144 | 335 |
| 19 | 1,856 | 200 | 1,191 | 140 | 325 |
| 20-24 | 8,835 | 954 | 5,670 | 665 | 1,546 |
| 25-29 | 7,910 | 852 | 5,080 | 595 | 1,383 |
| 30-34 | 6,990 | 753 | 4,489 | 525 | 1,223 |
| 35-39 | 6,233 | 671 | 4,002 | 469 | 1,091 |
| 40-44 | 5,776 | 622 | 3,707 | 436 | 1,011 |
| 45-49 | 5,036 | 543 | 3,232 | 379 | 882 |
| 50-54 | 4,405 | 475 | 2,827 | 332 | 771 |
| 55-59 | 3,979 | 429 | 2,554 | 300 | 696 |
| 60-64 | 3,264 | 352 | 2,093 | 246 | 573 |
| 65-69 | 2,462 | 266 | 1,578 | 186 | 432 |
| 70-74 | 1,680 | 181 | 1,079 | 127 | 293 |
| 75-79 | 983 | 107 | 630 | 74 | 172 |
| 80-84 | 527 | 57 | 337 | 40 | 93 |
| 85 y más | 392 | 42 | 252 | 29 | 69 |

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2030**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|----------------|----------------|----------------|----------------|-----------------|---------------|
| TOTAL | 205,136 | 22,593 | 132,813 | 14,942 | 34,788 |
| 0-4 | 19,855 | 2,187 | 12,854 | 1,447 | 3,367 |
| 0 | 3,833 | 422 | 2,481 | 280 | 650 |
| 1 | 3,890 | 428 | 2,518 | 284 | 660 |
| 2 | 3,958 | 436 | 2,563 | 288 | 671 |
| 3 | 4,040 | 445 | 2,616 | 294 | 685 |
| 4 | 4,134 | 456 | 2,676 | 301 | 701 |
| 5-9 | 21,970 | 2,420 | 14,224 | 1,601 | 3,725 |
| 5 | 4,239 | 467 | 2,744 | 309 | 719 |
| 6 | 4,350 | 479 | 2,816 | 317 | 738 |
| 7 | 4,449 | 490 | 2,880 | 325 | 754 |
| 8 | 4,469 | 492 | 2,894 | 325 | 758 |
| 9 | 4,463 | 492 | 2,890 | 325 | 756 |
| 10-14 | 22,303 | 2,458 | 14,438 | 1,626 | 3,781 |
| 10 | 4,485 | 494 | 2,904 | 327 | 760 |
| 11 | 4,495 | 496 | 2,909 | 328 | 762 |
| 12 | 4,501 | 496 | 2,914 | 328 | 763 |
| 13 | 4,459 | 491 | 2,887 | 325 | 756 |
| 14 | 4,363 | 481 | 2,824 | 318 | 740 |
| 15-19 | 20,557 | 2,265 | 13,312 | 1,496 | 3,484 |
| 15 | 4,275 | 472 | 2,767 | 311 | 725 |
| 16 | 4,195 | 462 | 2,717 | 305 | 711 |
| 17 | 4,116 | 453 | 2,665 | 300 | 698 |
| 18 | 4,029 | 444 | 2,610 | 293 | 682 |
| 19 | 3,942 | 434 | 2,553 | 287 | 668 |
| 20-24 | 18,441 | 2,032 | 11,939 | 1,344 | 3,126 |
| 25-29 | 16,569 | 1,826 | 10,728 | 1,206 | 2,809 |
| 30-34 | 14,374 | 1,584 | 9,305 | 1,046 | 2,439 |
| 35-39 | 12,440 | 1,368 | 8,054 | 907 | 2,111 |
| 40-44 | 11,478 | 1,263 | 7,429 | 838 | 1,948 |
| 45-49 | 10,161 | 1,117 | 6,580 | 741 | 1,723 |
| 50-54 | 9,002 | 992 | 5,828 | 654 | 1,528 |
| 55-59 | 8,175 | 901 | 5,292 | 595 | 1,387 |
| 60-64 | 6,858 | 754 | 4,442 | 499 | 1,163 |
| 65-69 | 5,292 | 583 | 3,427 | 385 | 897 |
| 70-74 | 3,585 | 395 | 2,321 | 261 | 608 |
| 75-79 | 2,105 | 232 | 1,361 | 154 | 358 |
| 80-84 | 1,156 | 127 | 750 | 83 | 196 |
| 85 y más | 815 | 89 | 529 | 59 | 138 |
| Hombres | 103,898 | 11,660 | 67,669 | 7,396 | 17,173 |
| 0-4 | 10,156 | 1,140 | 6,612 | 724 | 1,680 |
| 0 | 1,959 | 220 | 1,275 | 140 | 324 |
| 1 | 1,989 | 223 | 1,295 | 142 | 329 |
| 2 | 2,025 | 227 | 1,319 | 144 | 335 |
| 3 | 2,067 | 232 | 1,346 | 147 | 342 |
| 4 | 2,116 | 238 | 1,377 | 151 | 350 |
| 5-9 | 11,267 | 1,264 | 7,338 | 803 | 1,862 |
| 5 | 2,172 | 244 | 1,414 | 155 | 359 |
| 6 | 2,231 | 250 | 1,453 | 159 | 369 |
| 7 | 2,283 | 256 | 1,487 | 163 | 377 |
| 8 | 2,293 | 257 | 1,494 | 163 | 379 |
| 9 | 2,288 | 257 | 1,490 | 163 | 378 |
| 10-14 | 11,478 | 1,289 | 7,474 | 818 | 1,897 |
| 10 | 2,301 | 258 | 1,499 | 164 | 380 |
| 11 | 2,312 | 260 | 1,505 | 165 | 382 |
| 12 | 2,317 | 260 | 1,509 | 165 | 383 |
| 13 | 2,298 | 258 | 1,496 | 164 | 380 |
| 14 | 2,250 | 253 | 1,465 | 160 | 372 |

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2030**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|-------------------------|----------------|----------------|---------------|-----------------|---------------|
| Hombres: (Continuación) | | | | | |
| 15-19 | 10,606 | 1,190 | 6,908 | 755 | 1,753 |
| 15 | 2,206 | 248 | 1,436 | 157 | 365 |
| 16 | 2,165 | 243 | 1,410 | 154 | 358 |
| 17 | 2,123 | 238 | 1,383 | 151 | 351 |
| 18 | 2,078 | 233 | 1,354 | 148 | 343 |
| 19 | 2,034 | 228 | 1,325 | 145 | 336 |
| 20-24 | 9,492 | 1,065 | 6,181 | 677 | 1,569 |
| 25-29 | 8,425 | 946 | 5,488 | 599 | 1,392 |
| 30-34 | 7,222 | 811 | 4,703 | 514 | 1,194 |
| 35-39 | 6,096 | 683 | 3,972 | 434 | 1,007 |
| 40-44 | 5,609 | 629 | 3,654 | 399 | 927 |
| 45-49 | 4,968 | 557 | 3,237 | 354 | 820 |
| 50-54 | 4,506 | 506 | 2,935 | 320 | 745 |
| 55-59 | 4,112 | 462 | 2,678 | 292 | 680 |
| 60-64 | 3,452 | 387 | 2,249 | 245 | 571 |
| 65-69 | 2,707 | 304 | 1,763 | 192 | 448 |
| 70-74 | 1,785 | 201 | 1,162 | 127 | 295 |
| 75-79 | 1,035 | 116 | 674 | 74 | 171 |
| 80-84 | 587 | 66 | 383 | 41 | 97 |
| 85 y más | 395 | 44 | 258 | 28 | 65 |
| Mujeres | 101,238 | 10,933 | 65,144 | 7,546 | 17,615 |
| 0-4 | 9,699 | 1,047 | 6,242 | 723 | 1,687 |
| 0 | 1,874 | 202 | 1,206 | 140 | 326 |
| 1 | 1,901 | 205 | 1,223 | 142 | 331 |
| 2 | 1,933 | 209 | 1,244 | 144 | 336 |
| 3 | 1,973 | 213 | 1,270 | 147 | 343 |
| 4 | 2,018 | 218 | 1,299 | 150 | 351 |
| 5-9 | 10,703 | 1,156 | 6,886 | 798 | 1,863 |
| 5 | 2,067 | 223 | 1,330 | 154 | 360 |
| 6 | 2,119 | 229 | 1,363 | 158 | 369 |
| 7 | 2,166 | 234 | 1,393 | 162 | 377 |
| 8 | 2,176 | 235 | 1,400 | 162 | 379 |
| 9 | 2,175 | 235 | 1,400 | 162 | 378 |
| 10-14 | 10,825 | 1,169 | 6,964 | 808 | 1,884 |
| 10 | 2,184 | 236 | 1,405 | 163 | 380 |
| 11 | 2,183 | 236 | 1,404 | 163 | 380 |
| 12 | 2,184 | 236 | 1,405 | 163 | 380 |
| 13 | 2,161 | 233 | 1,391 | 161 | 376 |
| 14 | 2,113 | 228 | 1,359 | 158 | 368 |
| 15-19 | 9,951 | 1,075 | 6,404 | 741 | 1,731 |
| 15 | 2,069 | 224 | 1,331 | 154 | 360 |
| 16 | 2,030 | 219 | 1,307 | 151 | 353 |
| 17 | 1,993 | 215 | 1,282 | 149 | 347 |
| 18 | 1,951 | 211 | 1,256 | 145 | 339 |
| 19 | 1,908 | 206 | 1,228 | 142 | 332 |
| 20-24 | 8,949 | 967 | 5,758 | 667 | 1,557 |
| 25-29 | 8,144 | 880 | 5,240 | 607 | 1,417 |
| 30-34 | 7,152 | 773 | 4,602 | 532 | 1,245 |
| 35-39 | 6,344 | 685 | 4,082 | 473 | 1,104 |
| 40-44 | 5,869 | 634 | 3,775 | 439 | 1,021 |
| 45-49 | 5,193 | 560 | 3,343 | 387 | 903 |
| 50-54 | 4,496 | 486 | 2,893 | 334 | 783 |
| 55-59 | 4,063 | 439 | 2,614 | 303 | 707 |
| 60-64 | 3,406 | 367 | 2,193 | 254 | 592 |
| 65-69 | 2,585 | 279 | 1,664 | 193 | 449 |
| 70-74 | 1,800 | 194 | 1,159 | 134 | 313 |
| 75-79 | 1,070 | 116 | 687 | 80 | 187 |
| 80-84 | 569 | 61 | 367 | 42 | 99 |
| 85 y más | 420 | 45 | 271 | 31 | 73 |

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2031**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|----------------|----------------|----------------|----------------|-----------------|---------------|
| TOTAL | 207,946 | 22,948 | 134,960 | 15,015 | 35,023 |
| 0-4 | 19,450 | 2,146 | 12,622 | 1,406 | 3,276 |
| 0 | 3,767 | 415 | 2,446 | 272 | 634 |
| 1 | 3,819 | 422 | 2,478 | 276 | 643 |
| 2 | 3,878 | 428 | 2,517 | 280 | 653 |
| 3 | 3,951 | 436 | 2,563 | 286 | 666 |
| 4 | 4,035 | 445 | 2,618 | 292 | 680 |
| 5-9 | 21,625 | 2,387 | 14,035 | 1,562 | 3,641 |
| 5 | 4,130 | 456 | 2,681 | 298 | 695 |
| 6 | 4,235 | 467 | 2,749 | 306 | 713 |
| 7 | 4,347 | 480 | 2,821 | 314 | 732 |
| 8 | 4,446 | 491 | 2,885 | 321 | 749 |
| 9 | 4,467 | 493 | 2,899 | 323 | 752 |
| 10-14 | 22,371 | 2,470 | 14,519 | 1,614 | 3,768 |
| 10 | 4,458 | 492 | 2,893 | 322 | 751 |
| 11 | 4,480 | 495 | 2,908 | 323 | 754 |
| 12 | 4,490 | 496 | 2,914 | 324 | 756 |
| 13 | 4,493 | 496 | 2,916 | 324 | 757 |
| 14 | 4,450 | 491 | 2,888 | 321 | 750 |
| 15-19 | 20,922 | 2,310 | 13,581 | 1,509 | 3,522 |
| 15 | 4,353 | 481 | 2,825 | 314 | 733 |
| 16 | 4,263 | 471 | 2,768 | 307 | 717 |
| 17 | 4,184 | 462 | 2,715 | 302 | 705 |
| 18 | 4,104 | 453 | 2,664 | 296 | 691 |
| 19 | 4,018 | 443 | 2,609 | 290 | 676 |
| 20-24 | 18,749 | 2,070 | 12,169 | 1,354 | 3,156 |
| 25-29 | 17,046 | 1,881 | 11,064 | 1,231 | 2,870 |
| 30-34 | 14,727 | 1,625 | 9,560 | 1,062 | 2,480 |
| 35-39 | 12,714 | 1,403 | 8,250 | 918 | 2,143 |
| 40-44 | 11,621 | 1,282 | 7,541 | 840 | 1,958 |
| 45-49 | 10,444 | 1,153 | 6,774 | 755 | 1,762 |
| 50-54 | 9,151 | 1,010 | 5,938 | 661 | 1,542 |
| 55-59 | 8,312 | 918 | 5,394 | 599 | 1,401 |
| 60-64 | 7,085 | 781 | 4,599 | 512 | 1,193 |
| 65-69 | 5,528 | 610 | 3,589 | 399 | 930 |
| 70-74 | 3,827 | 421 | 2,483 | 278 | 645 |
| 75-79 | 2,267 | 249 | 1,474 | 162 | 382 |
| 80-84 | 1,233 | 135 | 801 | 90 | 207 |
| 85 y más | 874 | 97 | 567 | 63 | 147 |
| Hombres | 105,232 | 11,833 | 68,712 | 7,420 | 17,267 |
| 0-4 | 9,948 | 1,118 | 6,494 | 703 | 1,633 |
| 0 | 1,925 | 216 | 1,257 | 136 | 316 |
| 1 | 1,952 | 220 | 1,274 | 138 | 320 |
| 2 | 1,984 | 223 | 1,295 | 140 | 326 |
| 3 | 2,022 | 227 | 1,320 | 143 | 332 |
| 4 | 2,065 | 232 | 1,348 | 146 | 339 |
| 5-9 | 11,091 | 1,248 | 7,241 | 782 | 1,820 |
| 5 | 2,115 | 238 | 1,381 | 149 | 347 |
| 6 | 2,171 | 244 | 1,418 | 153 | 356 |
| 7 | 2,230 | 251 | 1,456 | 157 | 366 |
| 8 | 2,282 | 257 | 1,489 | 161 | 375 |
| 9 | 2,293 | 258 | 1,497 | 162 | 376 |
| 10-14 | 11,503 | 1,294 | 7,510 | 811 | 1,888 |
| 10 | 2,285 | 257 | 1,492 | 161 | 375 |
| 11 | 2,299 | 259 | 1,501 | 162 | 377 |
| 12 | 2,310 | 260 | 1,508 | 163 | 379 |
| 13 | 2,315 | 260 | 1,512 | 163 | 380 |
| 14 | 2,294 | 258 | 1,497 | 162 | 377 |

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2031**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|-------------------------|----------------|----------------|---------------|-----------------|---------------|
| Hombres: (Continuación) | | | | | |
| 15-19 | 10,802 | 1,215 | 7,054 | 760 | 1,773 |
| 15 | 2,246 | 253 | 1,466 | 158 | 369 |
| 16 | 2,202 | 248 | 1,438 | 155 | 361 |
| 17 | 2,161 | 243 | 1,411 | 152 | 355 |
| 18 | 2,119 | 238 | 1,384 | 149 | 348 |
| 19 | 2,074 | 233 | 1,355 | 146 | 340 |
| 20-24 | 9,657 | 1,085 | 6,307 | 681 | 1,584 |
| 25-29 | 8,678 | 976 | 5,665 | 613 | 1,424 |
| 30-34 | 7,412 | 833 | 4,841 | 522 | 1,216 |
| 35-39 | 6,244 | 702 | 4,078 | 440 | 1,024 |
| 40-44 | 5,671 | 638 | 3,703 | 400 | 930 |
| 45-49 | 5,090 | 573 | 3,322 | 359 | 836 |
| 50-54 | 4,550 | 512 | 2,972 | 320 | 746 |
| 55-59 | 4,177 | 470 | 2,727 | 294 | 686 |
| 60-64 | 3,545 | 398 | 2,315 | 250 | 582 |
| 65-69 | 2,815 | 316 | 1,839 | 199 | 461 |
| 70-74 | 1,907 | 214 | 1,245 | 135 | 313 |
| 75-79 | 1,103 | 124 | 721 | 77 | 181 |
| 80-84 | 616 | 69 | 402 | 44 | 101 |
| 85 y más | 423 | 48 | 276 | 30 | 69 |
| Mujeres | 102,714 | 11,115 | 66,248 | 7,595 | 17,756 |
| 0-4 | 9,502 | 1,028 | 6,128 | 703 | 1,643 |
| 0 | 1,842 | 199 | 1,189 | 136 | 318 |
| 1 | 1,867 | 202 | 1,204 | 138 | 323 |
| 2 | 1,894 | 205 | 1,222 | 140 | 327 |
| 3 | 1,929 | 209 | 1,243 | 143 | 334 |
| 4 | 1,970 | 213 | 1,270 | 146 | 341 |
| 5-9 | 10,534 | 1,139 | 6,794 | 780 | 1,821 |
| 5 | 2,015 | 218 | 1,300 | 149 | 348 |
| 6 | 2,064 | 223 | 1,331 | 153 | 357 |
| 7 | 2,117 | 229 | 1,365 | 157 | 366 |
| 8 | 2,164 | 234 | 1,396 | 160 | 374 |
| 9 | 2,174 | 235 | 1,402 | 161 | 376 |
| 10-14 | 10,868 | 1,176 | 7,009 | 803 | 1,880 |
| 10 | 2,173 | 235 | 1,401 | 161 | 376 |
| 11 | 2,181 | 236 | 1,407 | 161 | 377 |
| 12 | 2,180 | 236 | 1,406 | 161 | 377 |
| 13 | 2,178 | 236 | 1,404 | 161 | 377 |
| 14 | 2,156 | 233 | 1,391 | 159 | 373 |
| 15-19 | 10,120 | 1,095 | 6,527 | 749 | 1,749 |
| 15 | 2,107 | 228 | 1,359 | 156 | 364 |
| 16 | 2,061 | 223 | 1,330 | 152 | 356 |
| 17 | 2,023 | 219 | 1,304 | 150 | 350 |
| 18 | 1,985 | 215 | 1,280 | 147 | 343 |
| 19 | 1,944 | 210 | 1,254 | 144 | 336 |
| 20-24 | 9,092 | 985 | 5,862 | 673 | 1,572 |
| 25-29 | 8,368 | 905 | 5,399 | 618 | 1,446 |
| 30-34 | 7,315 | 792 | 4,719 | 540 | 1,264 |
| 35-39 | 6,470 | 701 | 4,172 | 478 | 1,119 |
| 40-44 | 5,950 | 644 | 3,838 | 440 | 1,028 |
| 45-49 | 5,354 | 580 | 3,452 | 396 | 926 |
| 50-54 | 4,601 | 498 | 2,966 | 341 | 796 |
| 55-59 | 4,135 | 448 | 2,667 | 305 | 715 |
| 60-64 | 3,540 | 383 | 2,284 | 262 | 611 |
| 65-69 | 2,713 | 294 | 1,750 | 200 | 469 |
| 70-74 | 1,920 | 207 | 1,238 | 143 | 332 |
| 75-79 | 1,164 | 125 | 753 | 85 | 201 |
| 80-84 | 617 | 66 | 399 | 46 | 106 |
| 85 y más | 451 | 49 | 291 | 33 | 78 |

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2032**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|----------------|----------------|----------------|----------------|-----------------|---------------|
| TOTAL | 210,669 | 23,295 | 137,027 | 15,082 | 35,265 |
| 0-4 | 19,086 | 2,112 | 12,415 | 1,365 | 3,194 |
| 0 | 3,710 | 411 | 2,412 | 266 | 621 |
| 1 | 3,752 | 415 | 2,441 | 268 | 628 |
| 2 | 3,807 | 421 | 2,477 | 272 | 637 |
| 3 | 3,871 | 428 | 2,518 | 277 | 648 |
| 4 | 3,946 | 437 | 2,567 | 282 | 660 |
| 5-9 | 21,178 | 2,341 | 13,775 | 1,516 | 3,546 |
| 5 | 4,031 | 446 | 2,622 | 288 | 675 |
| 6 | 4,126 | 456 | 2,683 | 296 | 691 |
| 7 | 4,233 | 468 | 2,753 | 303 | 709 |
| 8 | 4,345 | 480 | 2,827 | 311 | 727 |
| 9 | 4,443 | 491 | 2,890 | 318 | 744 |
| 10-14 | 22,357 | 2,473 | 14,545 | 1,600 | 3,739 |
| 10 | 4,462 | 494 | 2,903 | 319 | 746 |
| 11 | 4,452 | 492 | 2,896 | 319 | 745 |
| 12 | 4,475 | 495 | 2,911 | 321 | 748 |
| 13 | 4,483 | 496 | 2,917 | 320 | 750 |
| 14 | 4,485 | 496 | 2,918 | 321 | 750 |
| 15-19 | 21,297 | 2,357 | 13,852 | 1,526 | 3,562 |
| 15 | 4,439 | 491 | 2,888 | 318 | 742 |
| 16 | 4,341 | 480 | 2,824 | 311 | 726 |
| 17 | 4,252 | 471 | 2,765 | 305 | 711 |
| 18 | 4,172 | 462 | 2,713 | 299 | 698 |
| 19 | 4,093 | 453 | 2,662 | 293 | 685 |
| 20-24 | 19,095 | 2,113 | 12,422 | 1,365 | 3,195 |
| 25-29 | 17,454 | 1,931 | 11,353 | 1,249 | 2,921 |
| 30-34 | 15,094 | 1,669 | 9,817 | 1,080 | 2,528 |
| 35-39 | 13,053 | 1,444 | 8,489 | 934 | 2,186 |
| 40-44 | 11,753 | 1,298 | 7,643 | 842 | 1,970 |
| 45-49 | 10,723 | 1,185 | 6,973 | 769 | 1,796 |
| 50-54 | 9,321 | 1,030 | 6,064 | 666 | 1,561 |
| 55-59 | 8,438 | 934 | 5,487 | 604 | 1,413 |
| 60-64 | 7,300 | 805 | 4,748 | 524 | 1,223 |
| 65-69 | 5,757 | 636 | 3,745 | 413 | 963 |
| 70-74 | 4,068 | 449 | 2,647 | 292 | 680 |
| 75-79 | 2,439 | 269 | 1,587 | 174 | 409 |
| 80-84 | 1,316 | 145 | 855 | 95 | 221 |
| 85 y más | 940 | 104 | 610 | 68 | 158 |
| Hombres | 106,518 | 12,000 | 69,709 | 7,445 | 17,364 |
| 0-4 | 9,762 | 1,100 | 6,389 | 682 | 1,591 |
| 0 | 1,896 | 214 | 1,240 | 133 | 309 |
| 1 | 1,918 | 216 | 1,255 | 134 | 313 |
| 2 | 1,947 | 219 | 1,275 | 136 | 317 |
| 3 | 1,981 | 223 | 1,297 | 138 | 323 |
| 4 | 2,020 | 228 | 1,322 | 141 | 329 |
| 5-9 | 10,858 | 1,223 | 7,105 | 759 | 1,771 |
| 5 | 2,064 | 233 | 1,350 | 144 | 337 |
| 6 | 2,114 | 238 | 1,383 | 148 | 345 |
| 7 | 2,170 | 244 | 1,420 | 152 | 354 |
| 8 | 2,229 | 251 | 1,459 | 156 | 363 |
| 9 | 2,281 | 257 | 1,493 | 159 | 372 |
| 10-14 | 11,489 | 1,294 | 7,519 | 804 | 1,872 |
| 10 | 2,290 | 258 | 1,499 | 160 | 373 |
| 11 | 2,282 | 257 | 1,493 | 160 | 372 |
| 12 | 2,297 | 259 | 1,503 | 161 | 374 |
| 13 | 2,308 | 260 | 1,511 | 161 | 376 |
| 14 | 2,312 | 260 | 1,513 | 162 | 377 |

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2032**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|--------------------------------|----------------|----------------|---------------|-----------------|---------------|
| Hombres: (Continuación) | | | | | |
| 15-19 | 11,001 | 1,239 | 7,199 | 770 | 1,793 |
| 15 | 2,290 | 258 | 1,499 | 160 | 373 |
| 16 | 2,241 | 252 | 1,467 | 157 | 365 |
| 17 | 2,198 | 248 | 1,438 | 154 | 358 |
| 18 | 2,157 | 243 | 1,411 | 151 | 352 |
| 19 | 2,115 | 238 | 1,384 | 148 | 345 |
| 20-24 | 9,841 | 1,109 | 6,441 | 687 | 1,604 |
| 25-29 | 8,897 | 1,003 | 5,822 | 622 | 1,450 |
| 30-34 | 7,606 | 857 | 4,977 | 531 | 1,241 |
| 35-39 | 6,430 | 725 | 4,208 | 449 | 1,048 |
| 40-44 | 5,730 | 646 | 3,750 | 400 | 934 |
| 45-49 | 5,214 | 588 | 3,411 | 365 | 850 |
| 50-54 | 4,600 | 518 | 3,011 | 321 | 750 |
| 55-59 | 4,233 | 477 | 2,771 | 295 | 690 |
| 60-64 | 3,638 | 409 | 2,381 | 255 | 593 |
| 65-69 | 2,912 | 328 | 1,905 | 204 | 475 |
| 70-74 | 2,028 | 228 | 1,328 | 142 | 330 |
| 75-79 | 1,180 | 133 | 772 | 82 | 193 |
| 80-84 | 646 | 72 | 424 | 45 | 105 |
| 85 y más | 453 | 51 | 296 | 32 | 74 |
| Mujeres | 104,151 | 11,295 | 67,318 | 7,637 | 17,901 |
| 0-4 | 9,324 | 1,012 | 6,026 | 683 | 1,603 |
| 0 | 1,814 | 197 | 1,172 | 133 | 312 |
| 1 | 1,834 | 199 | 1,186 | 134 | 315 |
| 2 | 1,860 | 202 | 1,202 | 136 | 320 |
| 3 | 1,890 | 205 | 1,221 | 139 | 325 |
| 4 | 1,926 | 209 | 1,245 | 141 | 331 |
| 5-9 | 10,320 | 1,118 | 6,670 | 757 | 1,775 |
| 5 | 1,967 | 213 | 1,272 | 144 | 338 |
| 6 | 2,012 | 218 | 1,300 | 148 | 346 |
| 7 | 2,063 | 224 | 1,333 | 151 | 355 |
| 8 | 2,116 | 229 | 1,368 | 155 | 364 |
| 9 | 2,162 | 234 | 1,397 | 159 | 372 |
| 10-14 | 10,868 | 1,179 | 7,026 | 796 | 1,867 |
| 10 | 2,172 | 236 | 1,404 | 159 | 373 |
| 11 | 2,170 | 235 | 1,403 | 159 | 373 |
| 12 | 2,178 | 236 | 1,408 | 160 | 374 |
| 13 | 2,175 | 236 | 1,406 | 159 | 374 |
| 14 | 2,173 | 236 | 1,405 | 159 | 373 |
| 15-19 | 10,296 | 1,118 | 6,653 | 756 | 1,769 |
| 15 | 2,149 | 233 | 1,389 | 158 | 369 |
| 16 | 2,100 | 228 | 1,357 | 154 | 361 |
| 17 | 2,054 | 223 | 1,327 | 151 | 353 |
| 18 | 2,015 | 219 | 1,302 | 148 | 346 |
| 19 | 1,978 | 215 | 1,278 | 145 | 340 |
| 20-24 | 9,254 | 1,004 | 5,981 | 678 | 1,591 |
| 25-29 | 8,557 | 928 | 5,531 | 627 | 1,471 |
| 30-34 | 7,488 | 812 | 4,840 | 549 | 1,287 |
| 35-39 | 6,623 | 719 | 4,281 | 485 | 1,138 |
| 40-44 | 6,023 | 652 | 3,893 | 442 | 1,036 |
| 45-49 | 5,509 | 597 | 3,562 | 404 | 946 |
| 50-54 | 4,721 | 512 | 3,053 | 345 | 811 |
| 55-59 | 4,205 | 457 | 2,716 | 309 | 723 |
| 60-64 | 3,662 | 396 | 2,367 | 269 | 630 |
| 65-69 | 2,845 | 308 | 1,840 | 209 | 488 |
| 70-74 | 2,040 | 221 | 1,319 | 150 | 350 |
| 75-79 | 1,259 | 136 | 815 | 92 | 216 |
| 80-84 | 670 | 73 | 431 | 50 | 116 |
| 85 y más | 487 | 53 | 314 | 36 | 84 |

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2033**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|----------------|----------------|----------------|----------------|-----------------|---------------|
| TOTAL | 213,333 | 23,633 | 139,063 | 15,144 | 35,493 |
| 0-4 | 18,763 | 2,079 | 12,232 | 1,332 | 3,120 |
| 0 | 3,661 | 406 | 2,386 | 260 | 609 |
| 1 | 3,695 | 409 | 2,409 | 262 | 615 |
| 2 | 3,740 | 415 | 2,437 | 266 | 622 |
| 3 | 3,801 | 421 | 2,478 | 270 | 632 |
| 4 | 3,866 | 428 | 2,522 | 274 | 642 |
| 5-9 | 20,667 | 2,291 | 13,473 | 1,466 | 3,437 |
| 5 | 3,942 | 437 | 2,569 | 280 | 656 |
| 6 | 4,028 | 447 | 2,625 | 286 | 670 |
| 7 | 4,124 | 457 | 2,689 | 292 | 686 |
| 8 | 4,231 | 469 | 2,759 | 300 | 703 |
| 9 | 4,342 | 481 | 2,831 | 308 | 722 |
| 10-14 | 22,285 | 2,469 | 14,529 | 1,582 | 3,705 |
| 10 | 4,439 | 492 | 2,894 | 315 | 738 |
| 11 | 4,456 | 494 | 2,905 | 316 | 741 |
| 12 | 4,446 | 492 | 2,899 | 316 | 739 |
| 13 | 4,468 | 495 | 2,913 | 317 | 743 |
| 14 | 4,476 | 496 | 2,918 | 318 | 744 |
| 15-19 | 21,636 | 2,396 | 14,108 | 1,535 | 3,597 |
| 15 | 4,475 | 495 | 2,918 | 318 | 744 |
| 16 | 4,428 | 491 | 2,887 | 314 | 736 |
| 17 | 4,330 | 479 | 2,824 | 307 | 720 |
| 18 | 4,241 | 470 | 2,765 | 301 | 705 |
| 19 | 4,162 | 461 | 2,714 | 295 | 692 |
| 20-24 | 19,486 | 2,160 | 12,700 | 1,385 | 3,241 |
| 25-29 | 17,760 | 1,968 | 11,578 | 1,260 | 2,954 |
| 30-34 | 15,498 | 1,717 | 10,103 | 1,100 | 2,578 |
| 35-39 | 13,450 | 1,490 | 8,763 | 957 | 2,240 |
| 40-44 | 11,900 | 1,318 | 7,757 | 845 | 1,980 |
| 45-49 | 10,972 | 1,215 | 7,152 | 778 | 1,827 |
| 50-54 | 9,525 | 1,053 | 6,210 | 675 | 1,587 |
| 55-59 | 8,551 | 947 | 5,575 | 606 | 1,423 |
| 60-64 | 7,505 | 831 | 4,892 | 533 | 1,249 |
| 65-69 | 5,978 | 663 | 3,893 | 426 | 996 |
| 70-74 | 4,306 | 478 | 2,805 | 305 | 718 |
| 75-79 | 2,626 | 290 | 1,710 | 188 | 438 |
| 80-84 | 1,409 | 156 | 920 | 99 | 234 |
| 85 y más | 1,016 | 112 | 663 | 72 | 169 |
| Hombres | 107,774 | 12,159 | 70,696 | 7,467 | 17,452 |
| 0-4 | 9,597 | 1,082 | 6,295 | 666 | 1,554 |
| 0 | 1,871 | 211 | 1,227 | 130 | 303 |
| 1 | 1,889 | 213 | 1,239 | 131 | 306 |
| 2 | 1,913 | 216 | 1,254 | 133 | 310 |
| 3 | 1,945 | 219 | 1,276 | 135 | 315 |
| 4 | 1,979 | 223 | 1,299 | 137 | 320 |
| 5-9 | 10,592 | 1,195 | 6,949 | 733 | 1,715 |
| 5 | 2,019 | 228 | 1,324 | 140 | 327 |
| 6 | 2,063 | 233 | 1,353 | 143 | 334 |
| 7 | 2,113 | 238 | 1,387 | 146 | 342 |
| 8 | 2,169 | 245 | 1,423 | 150 | 351 |
| 9 | 2,228 | 251 | 1,462 | 154 | 361 |
| 10-14 | 11,446 | 1,291 | 7,509 | 793 | 1,853 |
| 10 | 2,279 | 257 | 1,495 | 158 | 369 |
| 11 | 2,287 | 258 | 1,501 | 158 | 370 |
| 12 | 2,279 | 257 | 1,495 | 158 | 369 |
| 13 | 2,295 | 259 | 1,505 | 159 | 372 |
| 14 | 2,306 | 260 | 1,513 | 160 | 373 |

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2033**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|--------------------------------|----------------|----------------|---------------|-----------------|---------------|
| Hombres: (Continuación) | | | | | |
| 15-19 | 11,177 | 1,261 | 7,332 | 774 | 1,810 |
| 15 | 2,308 | 260 | 1,514 | 160 | 374 |
| 16 | 2,285 | 258 | 1,499 | 158 | 370 |
| 17 | 2,237 | 252 | 1,468 | 155 | 362 |
| 18 | 2,194 | 248 | 1,439 | 152 | 355 |
| 19 | 2,153 | 243 | 1,412 | 149 | 349 |
| 20-24 | 10,048 | 1,135 | 6,588 | 697 | 1,628 |
| 25-29 | 9,066 | 1,022 | 5,948 | 628 | 1,468 |
| 30-34 | 7,814 | 882 | 5,125 | 542 | 1,265 |
| 35-39 | 6,655 | 752 | 4,364 | 461 | 1,078 |
| 40-44 | 5,799 | 654 | 3,806 | 401 | 938 |
| 45-49 | 5,327 | 601 | 3,495 | 369 | 862 |
| 50-54 | 4,666 | 526 | 3,061 | 323 | 756 |
| 55-59 | 4,276 | 482 | 2,807 | 295 | 692 |
| 60-64 | 3,730 | 420 | 2,447 | 259 | 604 |
| 65-69 | 3,001 | 339 | 1,965 | 210 | 487 |
| 70-74 | 2,147 | 243 | 1,408 | 148 | 348 |
| 75-79 | 1,265 | 143 | 829 | 88 | 205 |
| 80-84 | 680 | 76 | 448 | 46 | 110 |
| 85 y más | 488 | 55 | 320 | 34 | 79 |
| Mujeres | 105,559 | 11,474 | 68,367 | 7,677 | 18,041 |
| 0-4 | 9,166 | 997 | 5,937 | 666 | 1,566 |
| 0 | 1,790 | 195 | 1,159 | 130 | 306 |
| 1 | 1,806 | 196 | 1,170 | 131 | 309 |
| 2 | 1,827 | 199 | 1,183 | 133 | 312 |
| 3 | 1,856 | 202 | 1,202 | 135 | 317 |
| 4 | 1,887 | 205 | 1,223 | 137 | 322 |
| 5-9 | 10,075 | 1,096 | 6,524 | 733 | 1,722 |
| 5 | 1,923 | 209 | 1,245 | 140 | 329 |
| 6 | 1,965 | 214 | 1,272 | 143 | 336 |
| 7 | 2,011 | 219 | 1,302 | 146 | 344 |
| 8 | 2,062 | 224 | 1,336 | 150 | 352 |
| 9 | 2,114 | 230 | 1,369 | 154 | 361 |
| 10-14 | 10,839 | 1,178 | 7,020 | 789 | 1,852 |
| 10 | 2,160 | 235 | 1,399 | 157 | 369 |
| 11 | 2,169 | 236 | 1,404 | 158 | 371 |
| 12 | 2,167 | 235 | 1,404 | 158 | 370 |
| 13 | 2,173 | 236 | 1,408 | 158 | 371 |
| 14 | 2,170 | 236 | 1,405 | 158 | 371 |
| 15-19 | 10,459 | 1,135 | 6,776 | 761 | 1,787 |
| 15 | 2,167 | 235 | 1,404 | 158 | 370 |
| 16 | 2,143 | 233 | 1,388 | 156 | 366 |
| 17 | 2,093 | 227 | 1,356 | 152 | 358 |
| 18 | 2,047 | 222 | 1,326 | 149 | 350 |
| 19 | 2,009 | 218 | 1,302 | 146 | 343 |
| 20-24 | 9,438 | 1,025 | 6,112 | 688 | 1,613 |
| 25-29 | 8,694 | 946 | 5,630 | 632 | 1,486 |
| 30-34 | 7,684 | 835 | 4,978 | 558 | 1,313 |
| 35-39 | 6,795 | 738 | 4,399 | 496 | 1,162 |
| 40-44 | 6,101 | 664 | 3,951 | 444 | 1,042 |
| 45-49 | 5,645 | 614 | 3,657 | 409 | 965 |
| 50-54 | 4,859 | 527 | 3,149 | 352 | 831 |
| 55-59 | 4,275 | 465 | 2,768 | 311 | 731 |
| 60-64 | 3,775 | 411 | 2,445 | 274 | 645 |
| 65-69 | 2,977 | 324 | 1,928 | 216 | 509 |
| 70-74 | 2,159 | 235 | 1,397 | 157 | 370 |
| 75-79 | 1,361 | 147 | 881 | 100 | 233 |
| 80-84 | 729 | 80 | 472 | 53 | 124 |
| 85 y más | 528 | 57 | 343 | 38 | 90 |

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2034**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|----------------|----------------|----------------|----------------|-----------------|---------------|
| TOTAL | 215,953 | 23,956 | 141,101 | 15,201 | 35,695 |
| 0-4 | 18,476 | 2,051 | 12,070 | 1,301 | 3,054 |
| 0 | 3,615 | 401 | 2,362 | 255 | 597 |
| 1 | 3,646 | 405 | 2,381 | 257 | 603 |
| 2 | 3,685 | 409 | 2,408 | 259 | 609 |
| 3 | 3,734 | 414 | 2,440 | 263 | 617 |
| 4 | 3,796 | 422 | 2,479 | 267 | 628 |
| 5-9 | 20,183 | 2,240 | 13,186 | 1,422 | 3,335 |
| 5 | 3,864 | 429 | 2,525 | 272 | 638 |
| 6 | 3,940 | 437 | 2,574 | 278 | 651 |
| 7 | 4,026 | 447 | 2,629 | 284 | 666 |
| 8 | 4,123 | 458 | 2,694 | 290 | 681 |
| 9 | 4,230 | 469 | 2,764 | 298 | 699 |
| 10-14 | 22,124 | 2,455 | 14,458 | 1,556 | 3,655 |
| 10 | 4,339 | 482 | 2,834 | 306 | 717 |
| 11 | 4,433 | 492 | 2,897 | 312 | 732 |
| 12 | 4,451 | 494 | 2,908 | 313 | 736 |
| 13 | 4,440 | 492 | 2,903 | 312 | 733 |
| 14 | 4,461 | 495 | 2,916 | 313 | 737 |
| 15-19 | 21,903 | 2,431 | 14,314 | 1,540 | 3,618 |
| 15 | 4,468 | 496 | 2,920 | 314 | 738 |
| 16 | 4,465 | 495 | 2,918 | 314 | 738 |
| 17 | 4,418 | 491 | 2,886 | 311 | 730 |
| 18 | 4,320 | 479 | 2,824 | 304 | 713 |
| 19 | 4,232 | 470 | 2,766 | 297 | 699 |
| 20-24 | 19,906 | 2,208 | 13,009 | 1,402 | 3,287 |
| 25-29 | 18,001 | 1,996 | 11,767 | 1,265 | 2,973 |
| 30-34 | 15,948 | 1,769 | 10,420 | 1,123 | 2,636 |
| 35-39 | 13,859 | 1,537 | 9,053 | 977 | 2,292 |
| 40-44 | 12,081 | 1,340 | 7,892 | 851 | 1,998 |
| 45-49 | 11,179 | 1,239 | 7,301 | 788 | 1,851 |
| 50-54 | 9,759 | 1,082 | 6,374 | 689 | 1,614 |
| 55-59 | 8,664 | 962 | 5,661 | 609 | 1,432 |
| 60-64 | 7,697 | 853 | 5,030 | 541 | 1,273 |
| 65-69 | 6,198 | 687 | 4,052 | 435 | 1,024 |
| 70-74 | 4,541 | 504 | 2,965 | 320 | 752 |
| 75-79 | 2,827 | 313 | 1,848 | 198 | 468 |
| 80-84 | 1,512 | 168 | 985 | 107 | 252 |
| 85 y más | 1,095 | 121 | 716 | 77 | 181 |
| Hombres | 109,011 | 12,318 | 71,679 | 7,481 | 17,533 |
| 0-4 | 9,451 | 1,069 | 6,214 | 648 | 1,520 |
| 0 | 1,848 | 209 | 1,215 | 127 | 297 |
| 1 | 1,864 | 211 | 1,225 | 128 | 300 |
| 2 | 1,885 | 213 | 1,240 | 129 | 303 |
| 3 | 1,911 | 216 | 1,257 | 131 | 307 |
| 4 | 1,943 | 220 | 1,277 | 133 | 313 |
| 5-9 | 10,341 | 1,169 | 6,797 | 711 | 1,664 |
| 5 | 1,979 | 224 | 1,301 | 136 | 318 |
| 6 | 2,018 | 228 | 1,326 | 139 | 325 |
| 7 | 2,062 | 233 | 1,355 | 142 | 332 |
| 8 | 2,113 | 239 | 1,389 | 145 | 340 |
| 9 | 2,169 | 245 | 1,426 | 149 | 349 |
| 10-14 | 11,357 | 1,283 | 7,468 | 779 | 1,827 |
| 10 | 2,226 | 252 | 1,463 | 153 | 358 |
| 11 | 2,276 | 257 | 1,497 | 156 | 366 |
| 12 | 2,285 | 258 | 1,502 | 157 | 368 |
| 13 | 2,277 | 257 | 1,498 | 156 | 366 |
| 14 | 2,293 | 259 | 1,508 | 157 | 369 |

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2034**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|--------------------------------|----------------|----------------|---------------|-----------------|---------------|
| Hombres: (Continuación) | | | | | |
| 15-19 | 11,311 | 1,278 | 7,438 | 776 | 1,819 |
| 15 | 2,303 | 260 | 1,515 | 158 | 370 |
| 16 | 2,304 | 260 | 1,515 | 158 | 371 |
| 17 | 2,281 | 258 | 1,499 | 157 | 367 |
| 18 | 2,233 | 252 | 1,469 | 153 | 359 |
| 19 | 2,190 | 248 | 1,440 | 150 | 352 |
| 20-24 | 10,270 | 1,160 | 6,753 | 706 | 1,651 |
| 25-29 | 9,203 | 1,039 | 6,054 | 631 | 1,479 |
| 30-34 | 8,040 | 908 | 5,287 | 552 | 1,293 |
| 35-39 | 6,895 | 780 | 4,532 | 474 | 1,109 |
| 40-44 | 5,884 | 665 | 3,869 | 404 | 946 |
| 45-49 | 5,426 | 613 | 3,568 | 372 | 873 |
| 50-54 | 4,751 | 537 | 3,123 | 327 | 764 |
| 55-59 | 4,313 | 488 | 2,837 | 295 | 693 |
| 60-64 | 3,820 | 431 | 2,512 | 262 | 615 |
| 65-69 | 3,086 | 349 | 2,031 | 210 | 496 |
| 70-74 | 2,266 | 256 | 1,489 | 156 | 365 |
| 75-79 | 1,357 | 153 | 894 | 92 | 218 |
| 80-84 | 718 | 81 | 470 | 50 | 117 |
| 85 y más | 522 | 59 | 343 | 36 | 84 |
| Mujeres | 106,942 | 11,638 | 69,422 | 7,720 | 18,162 |
| 0-4 | 9,025 | 982 | 5,856 | 653 | 1,534 |
| 0 | 1,767 | 192 | 1,147 | 128 | 300 |
| 1 | 1,782 | 194 | 1,156 | 129 | 303 |
| 2 | 1,800 | 196 | 1,168 | 130 | 306 |
| 3 | 1,823 | 198 | 1,183 | 132 | 310 |
| 4 | 1,853 | 202 | 1,202 | 134 | 315 |
| 5-9 | 9,842 | 1,071 | 6,389 | 711 | 1,671 |
| 5 | 1,885 | 205 | 1,224 | 136 | 320 |
| 6 | 1,922 | 209 | 1,248 | 139 | 326 |
| 7 | 1,964 | 214 | 1,274 | 142 | 334 |
| 8 | 2,010 | 219 | 1,305 | 145 | 341 |
| 9 | 2,061 | 224 | 1,338 | 149 | 350 |
| 10-14 | 10,767 | 1,172 | 6,990 | 777 | 1,828 |
| 10 | 2,113 | 230 | 1,371 | 153 | 359 |
| 11 | 2,157 | 235 | 1,400 | 156 | 366 |
| 12 | 2,166 | 236 | 1,406 | 156 | 368 |
| 13 | 2,163 | 235 | 1,405 | 156 | 367 |
| 14 | 2,168 | 236 | 1,408 | 156 | 368 |
| 15-19 | 10,592 | 1,153 | 6,876 | 764 | 1,799 |
| 15 | 2,165 | 236 | 1,405 | 156 | 368 |
| 16 | 2,161 | 235 | 1,403 | 156 | 367 |
| 17 | 2,137 | 233 | 1,387 | 154 | 363 |
| 18 | 2,087 | 227 | 1,355 | 151 | 354 |
| 19 | 2,042 | 222 | 1,326 | 147 | 347 |
| 20-24 | 9,636 | 1,048 | 6,256 | 696 | 1,636 |
| 25-29 | 8,798 | 957 | 5,713 | 634 | 1,494 |
| 30-34 | 7,908 | 861 | 5,133 | 571 | 1,343 |
| 35-39 | 6,964 | 757 | 4,521 | 503 | 1,183 |
| 40-44 | 6,197 | 675 | 4,023 | 447 | 1,052 |
| 45-49 | 5,753 | 626 | 3,733 | 416 | 978 |
| 50-54 | 5,008 | 545 | 3,251 | 362 | 850 |
| 55-59 | 4,351 | 474 | 2,824 | 314 | 739 |
| 60-64 | 3,877 | 422 | 2,518 | 279 | 658 |
| 65-69 | 3,112 | 338 | 2,021 | 225 | 528 |
| 70-74 | 2,275 | 248 | 1,476 | 164 | 387 |
| 75-79 | 1,470 | 160 | 954 | 106 | 250 |
| 80-84 | 794 | 87 | 515 | 57 | 135 |
| 85 y más | 573 | 62 | 373 | 41 | 97 |

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2035**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|----------------|----------------|----------------|----------------|-----------------|---------------|
| TOTAL | 218,510 | 24,282 | 143,075 | 15,262 | 35,891 |
| 0-4 | 18,221 | 2,027 | 11,932 | 1,271 | 2,991 |
| 0 | 3,575 | 398 | 2,341 | 249 | 587 |
| 1 | 3,601 | 400 | 2,359 | 251 | 591 |
| 2 | 3,636 | 405 | 2,380 | 254 | 597 |
| 3 | 3,679 | 409 | 2,409 | 257 | 604 |
| 4 | 3,730 | 415 | 2,443 | 260 | 612 |
| 5-9 | 19,741 | 2,195 | 12,926 | 1,379 | 3,241 |
| 5 | 3,795 | 422 | 2,485 | 265 | 623 |
| 6 | 3,861 | 430 | 2,527 | 270 | 634 |
| 7 | 3,938 | 438 | 2,579 | 275 | 646 |
| 8 | 4,025 | 447 | 2,636 | 281 | 661 |
| 9 | 4,122 | 458 | 2,699 | 288 | 677 |
| 10-14 | 21,869 | 2,430 | 14,323 | 1,527 | 3,589 |
| 10 | 4,228 | 470 | 2,768 | 296 | 694 |
| 11 | 4,334 | 482 | 2,839 | 302 | 711 |
| 12 | 4,428 | 492 | 2,900 | 309 | 727 |
| 13 | 4,446 | 494 | 2,912 | 310 | 730 |
| 14 | 4,433 | 492 | 2,904 | 310 | 727 |
| 15-19 | 22,087 | 2,454 | 14,464 | 1,543 | 3,626 |
| 15 | 4,454 | 495 | 2,917 | 311 | 731 |
| 16 | 4,459 | 495 | 2,920 | 312 | 732 |
| 17 | 4,455 | 495 | 2,918 | 311 | 731 |
| 18 | 4,408 | 490 | 2,886 | 308 | 724 |
| 19 | 4,311 | 479 | 2,823 | 301 | 708 |
| 20-24 | 20,306 | 2,256 | 13,299 | 1,418 | 3,333 |
| 25-29 | 18,262 | 2,030 | 11,958 | 1,275 | 2,999 |
| 30-34 | 16,426 | 1,825 | 10,756 | 1,147 | 2,698 |
| 35-39 | 14,239 | 1,583 | 9,320 | 996 | 2,340 |
| 40-44 | 12,306 | 1,366 | 8,056 | 860 | 2,024 |
| 45-49 | 11,350 | 1,262 | 7,426 | 794 | 1,868 |
| 50-54 | 10,021 | 1,112 | 6,560 | 701 | 1,648 |
| 55-59 | 8,790 | 976 | 5,756 | 613 | 1,445 |
| 60-64 | 7,853 | 873 | 5,144 | 547 | 1,289 |
| 65-69 | 6,424 | 714 | 4,204 | 450 | 1,056 |
| 70-74 | 4,769 | 530 | 3,123 | 333 | 783 |
| 75-79 | 3,038 | 338 | 1,989 | 211 | 500 |
| 80-84 | 1,629 | 180 | 1,068 | 114 | 267 |
| 85 y más | 1,179 | 131 | 771 | 83 | 194 |
| Hombres | 110,217 | 12,471 | 72,640 | 7,502 | 17,604 |
| 0-4 | 9,321 | 1,055 | 6,143 | 634 | 1,489 |
| 0 | 1,827 | 207 | 1,204 | 124 | 292 |
| 1 | 1,841 | 208 | 1,214 | 125 | 294 |
| 2 | 1,860 | 211 | 1,225 | 127 | 297 |
| 3 | 1,883 | 213 | 1,241 | 128 | 301 |
| 4 | 1,910 | 216 | 1,259 | 130 | 305 |
| 5-9 | 10,112 | 1,144 | 6,665 | 688 | 1,615 |
| 5 | 1,943 | 220 | 1,281 | 132 | 310 |
| 6 | 1,977 | 224 | 1,302 | 135 | 316 |
| 7 | 2,017 | 228 | 1,330 | 137 | 322 |
| 8 | 2,062 | 233 | 1,360 | 140 | 329 |
| 9 | 2,113 | 239 | 1,392 | 144 | 338 |
| 10-14 | 11,224 | 1,269 | 7,399 | 764 | 1,792 |
| 10 | 2,168 | 245 | 1,429 | 148 | 346 |
| 11 | 2,224 | 252 | 1,466 | 151 | 355 |
| 12 | 2,274 | 257 | 1,499 | 155 | 363 |
| 13 | 2,283 | 258 | 1,505 | 155 | 365 |
| 14 | 2,275 | 257 | 1,500 | 155 | 363 |

**Cuadro 1. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE BOCAS DEL TORO, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2035**

| Sexo y edad | Total | Bocas del Toro | Changuinola | Chiriquí Grande | Almirante |
|-------------------------|---------|----------------|-------------|-----------------|-----------|
| Hombres: (Continuación) | | | | | |
| 15-19 | 11,396 | 1,289 | 7,510 | 777 | 1,820 |
| 15 | 2,290 | 259 | 1,509 | 156 | 366 |
| 16 | 2,300 | 260 | 1,516 | 157 | 367 |
| 17 | 2,300 | 260 | 1,516 | 157 | 367 |
| 18 | 2,277 | 258 | 1,500 | 155 | 364 |
| 19 | 2,229 | 252 | 1,469 | 152 | 356 |
| 20-24 | 10,481 | 1,185 | 6,907 | 715 | 1,674 |
| 25-29 | 9,347 | 1,058 | 6,160 | 636 | 1,493 |
| 30-34 | 8,289 | 938 | 5,462 | 564 | 1,325 |
| 35-39 | 7,113 | 806 | 4,686 | 485 | 1,136 |
| 40-44 | 5,997 | 678 | 3,953 | 408 | 958 |
| 45-49 | 5,506 | 624 | 3,627 | 375 | 880 |
| 50-54 | 4,856 | 549 | 3,200 | 331 | 776 |
| 55-59 | 4,352 | 493 | 2,869 | 295 | 695 |
| 60-64 | 3,896 | 441 | 2,569 | 264 | 622 |
| 65-69 | 3,174 | 359 | 2,092 | 216 | 507 |
| 70-74 | 2,376 | 269 | 1,567 | 161 | 379 |
| 75-79 | 1,459 | 165 | 962 | 99 | 233 |
| 80-84 | 762 | 86 | 503 | 52 | 121 |
| 85 y más | 556 | 63 | 366 | 38 | 89 |
| Mujeres | 108,293 | 11,811 | 70,435 | 7,760 | 18,287 |
| 0-4 | 8,900 | 972 | 5,789 | 637 | 1,502 |
| 0 | 1,748 | 191 | 1,137 | 125 | 295 |
| 1 | 1,760 | 192 | 1,145 | 126 | 297 |
| 2 | 1,776 | 194 | 1,155 | 127 | 300 |
| 3 | 1,796 | 196 | 1,168 | 129 | 303 |
| 4 | 1,820 | 199 | 1,184 | 130 | 307 |
| 5-9 | 9,629 | 1,051 | 6,261 | 691 | 1,626 |
| 5 | 1,852 | 202 | 1,204 | 133 | 313 |
| 6 | 1,884 | 206 | 1,225 | 135 | 318 |
| 7 | 1,921 | 210 | 1,249 | 138 | 324 |
| 8 | 1,963 | 214 | 1,276 | 141 | 332 |
| 9 | 2,009 | 219 | 1,307 | 144 | 339 |
| 10-14 | 10,645 | 1,161 | 6,924 | 763 | 1,797 |
| 10 | 2,060 | 225 | 1,339 | 148 | 348 |
| 11 | 2,110 | 230 | 1,373 | 151 | 356 |
| 12 | 2,154 | 235 | 1,401 | 154 | 364 |
| 13 | 2,163 | 236 | 1,407 | 155 | 365 |
| 14 | 2,158 | 235 | 1,404 | 155 | 364 |
| 15-19 | 10,691 | 1,165 | 6,954 | 766 | 1,806 |
| 15 | 2,164 | 236 | 1,408 | 155 | 365 |
| 16 | 2,159 | 235 | 1,404 | 155 | 365 |
| 17 | 2,155 | 235 | 1,402 | 154 | 364 |
| 18 | 2,131 | 232 | 1,386 | 153 | 360 |
| 19 | 2,082 | 227 | 1,354 | 149 | 352 |
| 20-24 | 9,825 | 1,071 | 6,392 | 703 | 1,659 |
| 25-29 | 8,915 | 972 | 5,798 | 639 | 1,506 |
| 30-34 | 8,137 | 887 | 5,294 | 583 | 1,373 |
| 35-39 | 7,126 | 777 | 4,634 | 511 | 1,204 |
| 40-44 | 6,309 | 688 | 4,103 | 452 | 1,066 |
| 45-49 | 5,844 | 638 | 3,799 | 419 | 988 |
| 50-54 | 5,165 | 563 | 3,360 | 370 | 872 |
| 55-59 | 4,438 | 483 | 2,887 | 318 | 750 |
| 60-64 | 3,957 | 432 | 2,575 | 283 | 667 |
| 65-69 | 3,250 | 355 | 2,112 | 234 | 549 |
| 70-74 | 2,393 | 261 | 1,556 | 172 | 404 |
| 75-79 | 1,579 | 173 | 1,027 | 112 | 267 |
| 80-84 | 867 | 94 | 565 | 62 | 146 |
| 85 y más | 623 | 68 | 405 | 45 | 105 |

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.